

Horse & Agriculture

December/January 2018



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Hick N Roll with Jada Vance

by MIRIAM LUCERO



Nashville's newest talent with her catchy hit song "Hick N Roll" is all what Jada Vance, Country recording artist and Songwriter, is made of! From the catchy lyrics, "I'm a John Deer cap, and a pearl snap shirt; mix some backwood sticks with some big city soul, call it hick n roll." Her mom is from Virginia, and her dad is from New Jersey. Jada was raised just outside of Nashville, has a wonderful Yes Ma'am southern drawl. Country and city savvy, Jada is a BMI Member, and a graduate of SAE Institute of Technology. Jada mentions, "I manage my music business, by designing, ordering, sales, shipping, and promotions of my merchandise and talent. I manage a 5 piece band, maintain social media, and booking." In an industry that is competitive, with many other artists trying to get that radio airplay, Jada Vance is one to stay. She is young, bright, savvy, and loves to entertain!

Jada has a strong work ethic, "You have to work hard in this business, and you find every opportunity you can to get your music out there". Jada is attending Vanderbilt Music Business program in Nashville, TN. Jada means business, she was a finalist in Season 12 of American Idol. From that experience she has gained a different perspective, and learned about being a performer as well as a singer. She is currently touring heavily in the South. Besides "Hick N Roll" being a hit, Jada has another EP being released in February which is a different tempo. "The production was so huge." Jada is a big fan of Carrie Underwood, and Miranda Lambert and they have big productions in their songs. Jada feels they really hit the nail with the hammer on this last production. Her cousin Billy Davis produced the song "Hick N Roll", who has worked with Alabama, Teddy Gentry, and Linda Davis. Jada shared with me, "I'm fond of Maren Morris, she is an amazing lyricist; besides the commercial songs, "My Church" and "80's Mercedes", she has some really deep songs".

As we switch gears, Jada shares with me Bro Country songs about fishing, hunting, four wheeling and ATV's. How the music industry is inundated with male country singers, and for a while it was tough getting female country artists on the radio. In my personal opinion, there are not enough female country artists on the radio. Even with our own radio station, www.hwy89arizonacountryradio.net, I have to search for female country artists. Jada tells me "it is getting better, and the female artists are learning to write and perform Bro Country type songs". Since American Idol, Jada has had some real powerful years and heavy tours, and at times has slowed down, and now it's picking up again. Jada says, "You gotta put in the work, it's all about the work."



www.jadvance.com

Reins Therapeutic Horsemanship Program

by MIRIAM LUCERO



Welcome to REINS! A therapeutic riding program in the San Diego area, a program that works directly with children and adults with development disabilities. I had the pleasure of touring REINS and meeting the Director Deborah Shiner who started volunteering at REINS in 1992, and became the Executive Director in 1995. Deborah, shared with me, "I love the fact that at Reins we make a difference in people's lives, whether it be our students, families, our volunteers, or our community as a whole. Every day I want to come to work because I am always greeted with smiles, hugs, and a staff that is as passionate about what they do as I am".

Meeting the staff and volunteers, all have been at REINS for many years. One staff Member told me, "I started volunteering at 11 years old, went to College and received my degree in Behavioral Health, and came back to REINS, and I love working here". I spoke with some of the students, and they love REINS. What's not to love, the place is full of love, compassion, and Deborah Shiner and her staff are dedicated to the students, the horses, and each other.

Looking around, we met many of the horses. You will notice they are Norwegian Fjord, a smaller horse that is wonderful with the students

and has a calm temperament. REINS also has the correct equipment to hoist the students onto the horses, but with having a smaller horse, if a student were to fall, the impact would not be as severe. REINS is a nonprofit 501c3 and is supported by community donations, and the community of Fallbrook, CA is very involved with REINS. REINS boards horses, which as Deborah Shinner tells me, "it helped pay off the Mortgage payment this year"!

Through my tour I met one of the boarded horses, a beautiful black Friesian that I fell in love with. We instantly bonded, and she was very playful. REINS is a very relaxing place, surrounded with beautiful trees, gorgeous weather, and you can feel the breeze from the Ocean.

At Reins, children and adults with disabilities learn how to ride horses. This is an intense form of therapy that benefits a wide range of abilities. Their current enrollment is nearly 200 weekly students who come from all over the counties of Orange, Riverside, and San Diego. They have the help of over 100 weekly volunteers who assist in all aspects of the program.

Therapeutic horseback riding benefits almost any disabling con-



dition including: Cerebral Palsy, Autism, Down syndrome, head injuries, hearing impaired, visually impaired, multiple sclerosis, seizure disorders, speech and learning disabilities, and sensory integration dysfunction. The physical, mental, and emotional benefits of therapeutic horsemanship are numerous. The rhythmic motion and warmth of the horse stimulates and exercises the rider's muscles, increasing mobility of the pelvis, hip and spine. The rider experiences weight shift, and trunk mobility as if he were walking on his own.

benefits from the calming effort of the rhythmic, three-dimensional movement. As the horse moves to a trot, the rider's alertness is increased, his posture aligned, and he becomes more aware of his own body. Riders respond to this movement as the lessons, activities, and exercises take place. To encourage speech, identify objects, and sequence multiple tasks, students also participate in games and socialize with other students.

As the horse and rider progress through their different gaits, the rider experiences a wide range of sensory input. At a walk, the rider



If you have a child or you are an adult with development disabilities, there are therapeutic horsemanship programs in your area. For more information on REINS go to <http://www.reinsprogram.org/>

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Yavapai College Agribusiness Program

by PROFESSOR JUSTIN BRERETON



The amazing Yavapai College Agribusiness Program is located at Agribusiness and Science Technology Center on 80 acres in the heart of Chino Valley. At this center students achieve certificates and degrees in Agribusiness Technology, Animal Care & Management, Production Horticulture, Canine Care & Handling, Therapy & Service Dog Team Skills, Equine Practitioner and Electrical Utility Technology. General education classes, including English, math and science are also available. The Center is located at 2275 Old Home Manor Dr.

The Agribusiness program has an exciting mix of courses taught by Faculty Professors Marnee Zazueta and Justin Brereton and a team of knowledgeable adjuncts. Additionally, there is an awesome team of student support in place. The Ag facilities include extensive aquaculture and plant growing systems under 7,400 square feet of state of the art greenhouse. There's also a 5,000 sq. ft. organic growing area currently cropped with cool season greens, in straw bale garden planters. The 10,000 sqft. Research Garden has crops of pumpkins and corn. We are researching cold tolerant seedless table grapes and student grafted apples in their 3rd growing season. Mechanics shop, outdoor nursery container production, interiorscape, landscaped areas and wetland ponds are all part of the learning opportunities for Ag students.

You may be wondering who the students are, and where do they come from? With a mix of in- person, online and hybrid (online and in-person) classes, students can learn and perfect their skills in our facilities while maximizing their time. Much of the learning outcomes are involved with the management of the facilities, solving problems, and critically thinking. Current students are from a wide range of ages and backgrounds. We have traditional aged college students fresh out of local high schools, adults returning to improve

or achieve new skills, and attendees for personal interest. Most students are from the trio-cities area however the reach is broadening. The on-line options allow for distance learning. We have had many students get started in our program, try it out, and then move to this region. With hybrid classes typically meeting for one extensive lab each week, we find more and more students traveling from communities such as Flagstaff, North Phoenix, and Payson. In-person course offerings are bundled together and typically offered in afternoon and evening to accommodate travel, or job schedules.

In future articles I will highlight some of the amazing things happening at Yavapai College's Agribusiness and Science Technology Center.

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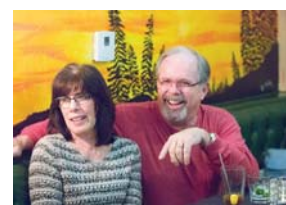
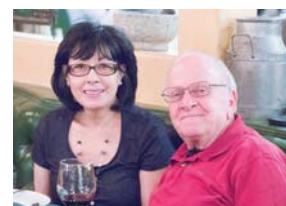
by MIRIAM LUCERO



For several years now, we have lived in Chino Valley, AZ. Over that time my husband and I have been dining at Casa Grande Mexican Restaurant in Chino Valley. One of our favorite restaurants, the food has authentic Mexican food dishes. You can't beat their Taco Tuesday! A few months ago while Will Aldaco and his family were talking to Michael and I, we brought up the idea of a launch party for Horse & Agriculture Magazine. Will mentioned he was opening a second location at the former Pine Cone Inn restaurant, a historical landmark in Prescott, AZ. Why don't we have it at Los Pinos? Yes, of course!

It was a night of many Readers, Supporters, Writers, Rodeo Queens, Advertisers and Music from Nashville, TN. Moving forward, as some of you may know, opening a new restaurant to the public is no easy task, and obtaining all the permits and licenses in order take time. Now the time is here, Los Pinos had a soft opening to friends, families, and supporters on Sunday, October 23, 2017. As you can see by the pictures everyone is having a great time, the food is fantastic, and with a full bar the Margaritas were flowing! We met several people enjoying the food, conversation, music and dancing in the entertainment dining room. Chef Hector made an appearance too!

Los Pinos has 3 dining areas; main dining area, entertainment, and patio dining looking over a creek. The patio area is like being in your back yard, with friends you haven't met yet. By the end of your evening, you will meet new and interesting friends. Los Pinos is a great place to host banquets, Christmas parties, and bring your out of town quests for a special dining experience. The menu has authentic Mexican dishes from Mexico. I tried the blackened salmon salad with an avocado dressing. Delicious! With a wide menu selection to support any palate, you're sure to find a dish that is right for you.



Join the <https://www.facebook.com/los.pinos.146> and keep watching quite possible you may see some headliner entertainment in the future!



Prescott Frontier Days® 20th Annual Trail Ride

by MIRIAM LUCERO

The Prescott Frontier Days® 20th Annual Trail ride was held at Groom Creek Horse Camp, Groom Creek, AZ on September 15-17, 2017. A place to cool off in the mountain pines south of Prescott for three days of trail riding, great food, and wonderful companionship. Approximately 30 riders and guests attended, including the 2018 Prescott Frontier Days® World's Oldest Rodeo® Queen, Sarah Grant, Senior Court Morgan Reid, and Junior Court Carlee David. This event was held in the fall a couple of months after the Prescott Frontier Days® World's Oldest Rodeo®.

As we arrived at the event, we were introduced to Kay Oden, the 2017 Trail Ride Chairman, and Jim Higgs, the trail boss of the Prescott Frontier Days® Annual Trail Ride. Jim, a proud Prescott family man, who loves this event, has been riding his mule each year. We met his long time friend, J.C. Konecny.

Off to the right of the campsite is the Chef preparing steaks, chicken, and salmon, and to the left is the campfire with riders mixing and mingling with their friends. Many of the riders have been on this ride for years, and it's a great time to be together. Many are long time Prescott residents, Mike Lucero, my husband and I grew up with Jim Higgs adult children, and know several of the families attending the trail ride. The entire evening felt like being at camp, reminiscing of past days of Prescott. Very relaxing, and not a care in the world!

I had an opportunity to sit down with Jim Higgs and find out how the ride started. Jim told me the annual trail ride started many years ago; he has been a long time member of the Prescott Frontier Days® World's Oldest Rodeo®, former Chairman and a past Director. Jim worked for Arizona Fish & Game and knows the trails very well.



I asked Jim about the growth of this ride over the years, and how the ride has changed. Jim explained, "I change the ride up every year; we have great volunteers and experienced trail guides." Jim loves Prescott, and can't think of a better place to live, ride, and raise a family. Nearing 80 years old, he's not stopping anytime soon on the annual ride!

As dusk is setting in, the fire is roaring, and the food is fantastic! I had the salmon with pesto, and it was awesome! As the evening is moving on, Jim Higgs is awarded a special presentation from Kay Oden for his 20 years as trail boss, including a special plaque presented in his honor. An auction has started with the Prescott Frontier Days® World's Oldest Rodeo®



Queen and her court presenting the items for Auction, with J.C. Konecny, also a long time member of Prescott Frontier Days®, as the auctioneer. A portion of the proceeds from the auction will be distributed to Bethany's Gait and other local charities. As the evening moves on, conversations are flowing, the nighttime air is pleasant, and the fire pit is keeping everyone warm and cozy.

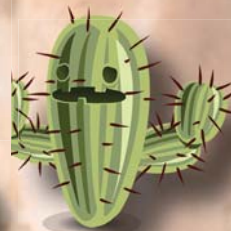


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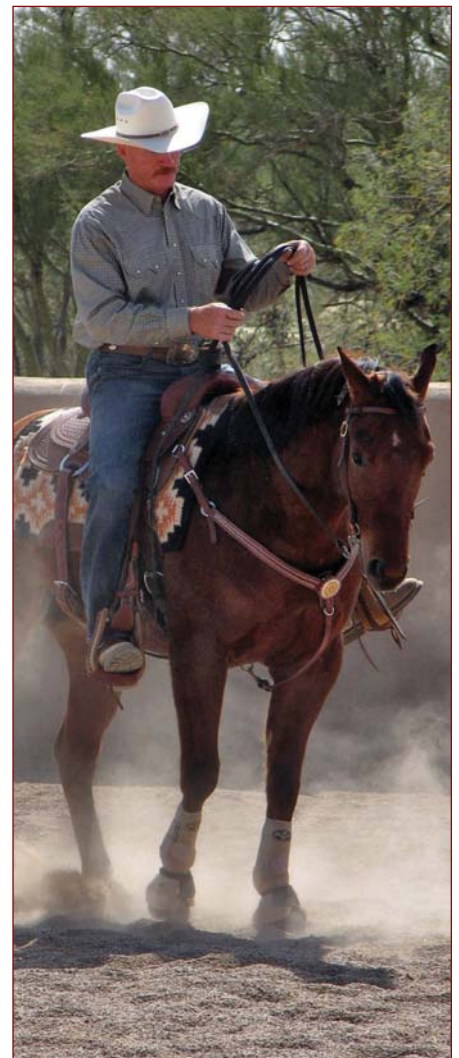
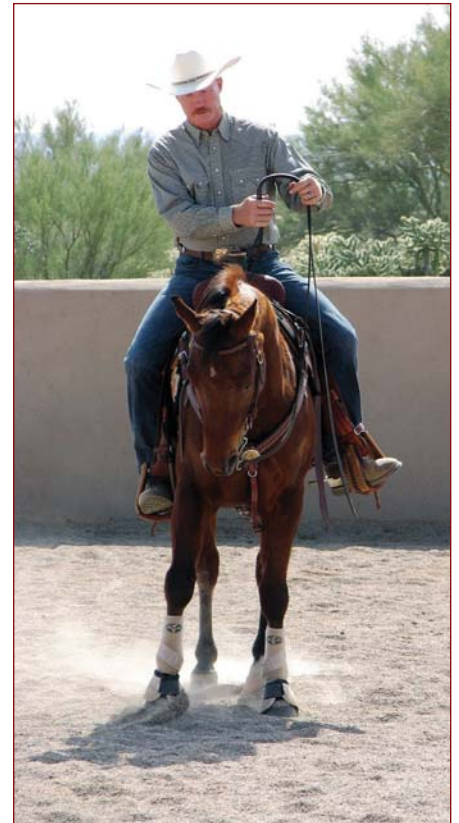
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That is the question that horses spend a lot of time pondering. In fact, to a horse, and especially a wild horse, this is one of the most important things in his life. Because of him being a herd animal, he has to know what his role in the herd is, in fact his survival may depend on it. Since you and he are now a herd, he must figure out his place in that herd and that can change daily. We must establish ourselves as the herd leader or else your horse may decide that he can do a better job of setting up the boundaries. Have you ever been crowded out or run into by your horse? Those are times, in the horse's mind when he is taking it upon himself to change the leadership dynamic.

Horses watch our feet. In the horse's mind, the one who is moving their feet is the one being trained. Knowing that, we can establish or reestablish our leadership position by making him move his feet. When working with your horse, you should spend lots of time sending him by putting pressure on him to move. If your horse does not see you as his leader, moving his feet may

be difficult. You may have to put a lot of pressure on him until he believes what you are saying. You should be able to move his hips from both sides and also his front feet from both sides as well as sending him forward both directions. If I'm moving towards my horse with intention, he should move away from me like I might walk right through him. This also applies to moving him backward. He has to move away from my pressure or else we will never be able to work together. As soon as he moves away from the pressure, he gets a release. Remember, he is always seeking that release.

We like to see strength in our leaders and we also want the freedom to find the right answers. Our horses are the same way. Always try to be that strong, fair leader for your horse and you will go far together. Good luck and remember to get help if it isn't working.



**Jeff Cook and his wife Kelsey own Dream Horse Az in Tucson Arizona
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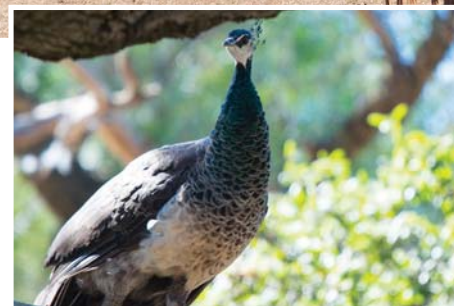
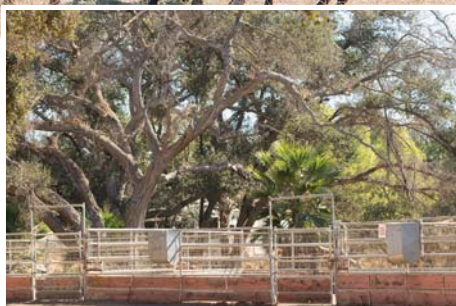
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Oak Creek Farm | SK Racing Stable

by MIRIAM LUCERO • photography MICHAEL LUCERO



Through my travels in Southern California, I came across a thoroughbred farm, Oak Creek Farm | SK Racing Stable. I felt a strong connection to Oak Creek, my thoroughbred "Seadaire", racing name "Lucky Number 7", is the granddaughter to Secretariat. Lady's Secret, first mare from Secretariat, is one famous resident of Oak Creek Farms. Lady's Secret (1982-2003) Winner of the 1986 Breeders' Cup Distaff, named the 1986 Horse of the Year, and inducted in the Racing Hall of Fame in 1992. "The Iron Lady" was campaigned by owners Mr. & Mrs. Eugene Klein (former owner of the San Diego Chargers) and hall of fame trainer D. Wayne Lukas. She was an 11-time G1 winner with lifetime earnings of \$3,021,325.

John and Kim Glenney moved Lady's Secret, and her companion Superbe Dawn, from Kentucky to California in May of 2001, believing the milder winters would benefit her. Lady's Secret died on the farm March 4, 2003 after foaling a healthy General Meeting colt. She was 21. Superbe Dawn raised Lady's Secret colt as her own. As a tribute to the great race mare, The Lady's Secret Memorial Garden was developed at Oak Creek Farm.

The farm is rich in history, originally developed as Jackson's Arabian Nursery. In the late 1980's it was transformed into Valley Creek Farms, one of California's premiere thoroughbred breeding operations. In 2011, the peaceful and tranquil farm became the home of Oak Creek Farm | SK Racing Stable by owner Shirley Kimball. SK Racing Stable was founded in 1998 just east of Ramona, California. After the devastating 2007 Witch Creek wildfire, SK Racing Stable relocated its operation to the Valley Center Farm. Inspired by the abundance of majestic oaks on the farm and along the creek bed, the farm was renamed Oak Creek Farm.

Shirley Kimball, an avid horse lover since childhood, has spent years trail riding, playing polo, riding hunters and cross-country. She graduated from the University of California, Davis with a BS degree in Zoology. She left her position as Senior Program Manager at Qualcomm Inc. to pursue her passion of raising thoroughbred racehorses. Combining her extensive business knowledge with her horse expertise, she is uniquely able to provide clients with quality care while watching their dollars. She enjoys being part of the day-to-day operation of the farm. Owning and operating Oak Creek Farm | SK Racing Stable is a dream come true. I can relate, starting Horse & Agriculture Magazine has been a dream come true, and my love for horses makes the stories I cover even more meaningful.

Shirley Kimball and onsite farm Manager, Eduardo Serrato, gave us a tour of Oak Creek Farms. Eduardo Serrato boasts over 15 years of farm and racetrack experience. His expertise is in the handling of young, and or difficult horses. The farm is tranquil, beautiful, with some of the largest oak trees I have ever seen, and beautiful peacocks that scale the trees. Shirley took us over to meet the Oak Creek Farm Stallions Standing: Tale of the Hills (Tale of the Cat X Out of the Hills by Capote), and Royal Memory (Royal Academy X Memorable Moment by Secretariat). Oak Creek Farm / SK Racing Stable offers breeding, boarding, layups, and custom care programs.



For more information on Oak Creek Farms | SK Racing Stable go to <http://www.skracingstable.com>

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Southwest Arizona Sister, Inc

by MIRIAM LUCERO



The Southwest Arizona Sister, Inc. is a non-profit 501(c)(3) organization committed to educational and community service. They strive to ensure that the Western Legacy carries on for generations to come. Known as the "SASI Girls", these ladies are top notch cowgirls and some are past, current, and future rodeo queens that perform equestrian drill routines, and have giving at their core. They are also your GCPRA sanctioned Equestrian Drill Team and appear at Rodeos throughout the Great State of Arizona.



Here are a few ways the "SASI Girls" give to their communities: Pony Up Events benefiting the Child Crisis Center of Mesa, Teddy Bear Affair benefiting the Phoenix Children's Hospital, Yearly Blanket & Necessities Drive, 4-H riding and drill demonstrations, Red Neese Scholarship Fund, Rockstars for Rachel Memorial Barrel Race and Family Gymkhana, and Roots n Boots Special Kids Rodeo.



We were honored to attend their practice night in Queen Creek, AZ and the "SASI Girls" dressed up in their full dress show attire. It was still very warm in Arizona at the time, and we appreciate the "SASI Girls" rehearsing in full dress. Due to extreme heat in Arizona, the "SASI Girls" performance schedules are November thru May. If you are interested in booking the "SASI Girls" for an event go to <http://www.sasiattitude.org/>. These young ladies are exceptional role models, and their show is one to see!

I had the opportunity to sit down with a few of the "SASI Girls", and find out what it takes to become a "SASI Girl". Chelsey Underwood, Drill Director, fills me in. "Right now we are preparing for the GCPRA in November in Laughlin, NV. To carry the sponsor flags in each rodeo, 3 min drill. Just like the Dallas Cowboy Cheerleaders, getting the crowd excited, ready to rock, we do the same thing just (on) horseback. We have a routine, we practice many times." Watching the "SASI Girls" is similar to watching a marching band, or synchronized swimming, these girls have to have excellent horsemanship, and rely on each other. Age to be a "SASI Girl" is 10 on up.

A new routine for the "SASI Girls" take 3 to 4 practices, practice night is Wednesdays, and most of the girls live in the East Valley.

Riders: Emilie Jewell • Michaela • Haley • Kayli • Jordan • Chelsea • Megan • Tatum • Rylee Kelci • Brooke • Riley • Danielle

SASI Board of Directors: Tim Neese • Jennifer Neese • Jodie Hamblin • Melissa Seliger • Chelsea Underwood



fate, she meets a mysterious cowboy, McKennon Kelly, whose deeply guarded secret takes them down a path of suspense, romance, and self-discovery.

Set in modern Western Culture, "In The Reins" is the story of a city-girl-gone-country, a handsome cowboy, and a Paint Horse brought together by fate. The leading lady's journey of self-discovery begins when she unexpectedly falls for the enigmatic Quarter Horse trainer, and then grapples with who he really is, where he goes, when he disappears, and what it is that everyone doesn't want her to know about him. A book with a left hook, readers ride along as the wannabe cowgirl learns whether or not the man, harboring a deeply guarded secret, can open himself up to the woman sitting in the saddle beside him. Romantic and suspenseful, In The Reins captures the struggle between letting life move forward and shying away from taking the reins.

The book has been an equestrian best seller on Amazon for more than 10 weeks. I had the honor of meeting Carly Kade and her Paint horse in Scottsdale, AZ., where Carly has made her home. Having lived in the North, the East, the South and now the West. Having made two cross-country road trips with her beloved horse in tow, Carly knew when she arrived in Arizona, that Scottsdale, "The West's Most Western Town," was the perfect place to release her debut novel. Carly is a fresh Author, with a love for her own horse and bringing that horse into her story. She grew up in Michigan, and served as her counties 4-H Queen. She hung up her spurs to pursue a job in marketing and public relations. For several years she worked as an artist development representative for Sony Music Entertainment and Universal Music.

Growing nostalgic for the simpler life, Carly returned to Michigan and met the two loves of her life, her cowboy turned husband, and her horse Sissy, before moving to Arizona. "When I arrived in Arizona, I knew it was going to be my forever home," says Kade. "The scenery is so breathtaking in Arizona that I'm inspired every time I saddle up, drive to the barn or take a walk."

Kade's, second book is coming out soon; but read "In The Reins", first. Right now Kade is writing her third book, the trilogy to "In The Reins".



Arizona Author Carly Kade rides in with a romantic tale with her debut novel

by MIRIAM LUCERO

Carly Kade has self-published her debut novel "In The Reins" in December of 2015, the first of a planned trilogy. "This book was definitely written with horse lovers in mind," says Kade. "However, you don't have to love horses or have knowledge about them to enjoy the story or fall in love with the characters."

"In the Reins" follows city girl, Devon Brooke, who is looking for a fresh start and getting back to her country roots after a sudden breakup. By

**For more information on Carly Kade, her website is
www.carlykadecreative.com/media-room.**

Rehabilitation Therapies

by LISA BORGIA, UNIVERSITY OF MINNESOTA



Human sports medicine has made tremendous advances in the last half century, with athletes setting new records while enjoying longer careers and faster recoveries from injury. Equine veterinary medicine is now keeping pace with these advances. Rehabilitative services offered at the U of M Equine Center focus on aiding your horse to gain strength and mobility and return to performance as quickly as possible after an injury, as well as preventing injuries from reoccurring.

A thorough evaluation, history, palpation, gait analysis, imaging, and assessment of the type of injury that has occurred will dictate the prescribed course of rehabilitative therapy. Staff members recently completed training at the Equine Rehabilitation Institute in Florida, an essential step to creating a credible program that offers a quality service. The University of Minnesota recently installed the only underwater treadmill in the region specifically for equine rehabilitation. Types of rehabilitative therapies include acupressure, stretching, massage therapy, underwater treadmill, high-speed treadmill, electrical stimulation, and ultrasound.

Massage, acupressure, heat and cold therapies, and joint mobilization are used to reduce pain and swelling, as well as to increase joint range of motion and muscle function. Stretching exercises and physical rehabilitation techniques are used for treating some soft-tissue injuries. Massage therapy may be used to increase range of motion and gait, thus maximizing quality of life for the patient.

The underwater treadmill is used for rehabilitation and range of motion exercise, with the water acting to both support the horse and provide resistance.

Horses suffering from injuries such as tendon bows that would otherwise be unable to exercise, may be able to use the underwater treadmill for rehabilitation purposes.



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The high-speed treadmill mimics traditional conditioning, using both slow and fast work to improve stamina, skeletal strength, and coordination in a controlled environment.

Electrical stimulation increases circulation, promotes healing, can reduce pain, and is tolerated well by horses. It can also be used to improve muscle atrophy.

Therapeutic ultrasound uses a form of acoustic energy that acts as a deep tissue-heating agent and treats musculoskeletal injuries. Therapeutic uses include joint mobility, analgesia, wound healing, edema reduction, and tendon repair.

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Leo Carrillo Ranch

by MICHAEL LUCERO

We had stopped at Pollos Maria in Carlsbad (pollosmaria.com), Ca after a day of stories, and we had a conversation with a local gentleman who frequents the establishment and was enjoying the great food. My wife Miriam told him we were from Arizona writing stories for our magazine. After presenting him with a copy of the magazine, he suggested we go to the Leo Carrillo Ranch. We did as suggested, and seeing a piece of North County, San Diego history was fantastic as promised. Hope you enjoy the story reprinted from the Friends of Leo Carrillo Ranch Inc. and the photographs from our time at the Ranch.

The Story of Leo Carrillo

Actor, preservationist and conservationist, Leo Carrillo



(1880-1961) was born in Los Angeles. But his beginnings were in San Diego's Old Town where his grandparents Josefa (Bandini) and Boston-educated Pedro Carrillo, were married, maintained their residence and raised a large family. As a wedding gift, Governor Pio Pico awarded them title to Coronado Island which

they sold five months later for \$1,000. As Leo jokingly observed, "I think the family let it go too soon."

As an entertainer Leo was highly successful, appearing in 15 major stage plays (several on Broadway) and more than 90 motion pictures in which he was featured in supporting or character roles. However, Leo's greatest fame came from his portrayal of Pancho, the mischievous sidekick to Duncan Renaldo's Cisco Kid in a pioneering television series of the early 1950s.

Shot entirely in color - a first in tv production - its 156 action-western episodes ran for six popular years. (The Cisco Kid was based on an O. Henry short story. The television characters drew their inspiration from Cervantes' Don Quixote. In this classic Spanish novel the sidekick was named Sancho Panza.)

As his showmanship blossomed Leo experienced parallel success as a politically well-connected supporter of recreational and cultural resources for the public.

He served 18 years on the California Beaches and Parks Commission and the Leo Carrillo State Park near Malibu is named in his honor. He was a key factor in the development of the Los Angeles Olvera Street complex, the Los Angeles Arboretum and the Anza-Borrego Desert State Park. Most notably, his personal relationship with the family led to the acquisition of the exquisite Hearst Castle at San Simeon. He toured the world as the state's official Ambassador of Good Will. Small wonder Governor Edmund G. Brown called Leo "Mr. California."

At the peak of his film career Leo felt an intense yearning to find a retreat where he could re-create an Old California-style working rancho, an important cultural asset he felt was rapidly disappearing. In 1937 he came across Los Kiotes in what is now southeast Carlsbad and which was once owned by the Kelly family, very large, long-standing landowners in the area. Leo quickly snapped up his first 840 acres and immediately began construction of 18 structures necessary for his ranch operation.

In 1977 the city acquired a tiny 10.5 acre remnant that contained and protected the most critical original buildings. Thanks to a state preservation grant and matching funds contributed by local civic organizations, some of the buildings were seismically retrofitted and partially restored in 1992. A \$5.5 million catch-up round of restoration has now been completed.

A required transfer of 16.4 acres from contiguous residential developers has expanded the Park site to 27 acres. Carrillo-ranch.org

Opportunities to donate to the Friends of Carrillo Ranch, Inc. or become a member are on the website. Guided tours, weddings, and events are available at the Ranch as well. If you are in the San Diego area, be sure to stop and see this wonderful piece of history in Carlsbad, CA., you will be glad you did!



Heber Wild Horse Update

by MICHELE ANDERSON • photography by MARY HAUSER



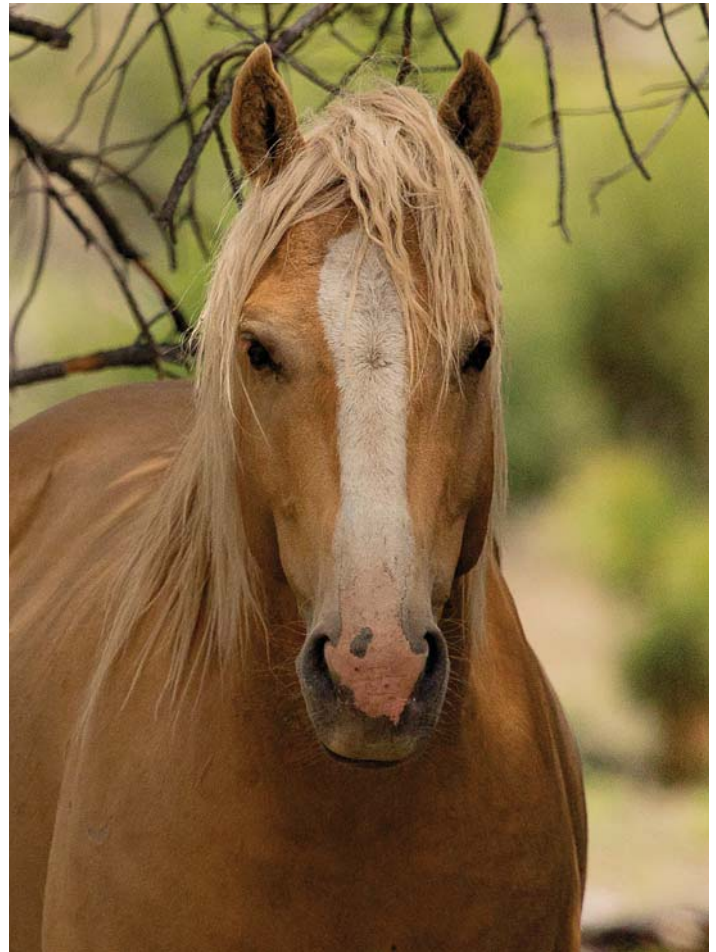
Collaborative Working Group Explores Management Options for the Heber Wild Horse Territory



Arizona State University's (ASU) School of Sustainability recently convened a 15-member Heber Horse Collaborative working group, to provide input into, and recommendations for the development of a Heber Wild Horse Territory management plan. The Heber Wild Horse Territory is an approximately 19,700 acre area located on the Black Mesa Ranger District on the Apache-Sitgreaves National Forests (ASNFs).

Members of the working group represent diverse interests such as wild horse advocacy, wildlife management, livestock producers, public lands management, equine recreation, rescue and training, range science and veterinary medicine.

The USDA Forest Service, and two state-level cooperating agencies, Arizona Game and Fish Department and the Arizona Department of Agriculture, are participating actively as observers to the working group, as it is anticipated that the group's recommendations will be used in the development of the ASNFs Heber Wild Horse Territory Management Plan. To date, the working group has met four times.



For more information please visit the Heber Horse Collaborative website at www.Heberhorsecollaborative.asu.edu or the Apache-Sitgreaves National Forests website at <http://bit.ly/2yUCgaH>

Please follow our Facebook page "Heber Wild Horses" for updates and information on the Heber Wild Horse Herd.

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When Frida asks Li'l Herc if he can help Marie, he assures Frida that he can--because he knows that "horses are good at helping people." Through his horse sense, and kindness, Li'l Herc helps Marie to grow stronger, physically and mentally. As their relationship deepens, so does Marie's hope that she can have her own adventures. She begins to imagine that her dream to see the world will come true...and it does! Li'l Herc offers to be her travel companion, explaining to Marie that horses have been around a very long time and have helped many humans explore new places. Frida will join them because true friends always stick together.



Li'l Herc®— The Power of Kindness

Li'l Herc's first book is being release soon! The first of a series, this book shares how Li'l Herc helps 'Marie' heal from a difficult time in her life as a result of a birth defect that requires surgery, and a long period of recovery. Because she is unable to run and play or even go to school, Marie feels 'different' than other kids and worries things may never change for her. She spends a lot of time with her dog, Frida, while reading books about places around the world. She dreams of having her own adventures to the places she reads about, but she is too weak to even leave her room.

The story is inspired by the author's own struggles from childhood. Li'l Herc is based on Hercules, the real-life Lusitano bay colt owned by Suzanne Kopp-Moskow. Li'l Herc is brought into Marie's life by Frida, based on the author's real-life tri-color Cavalier King Charles Spaniel, when Frida realizes she needs to find special help for Marie. Frida wants Marie happy and healthy, and not lose hope.



To enjoy more of Li'l Herc • www.lilhercworld.com
FB: Li'l Herc a Horse • Contact: Suzanne Kopp-Moskow
(e) kopp-moskow@att.net / (p) 312-257-6456





Equine Massage

Better Performance for You and Your Horse

by KIMI LOCKE

Let's start with the head. Introduce yourself softly. They are used to you coming and getting them, brushing, throwing a saddle, and bridle on, then getting on, and riding. Today you're going to approach them differently.

Rubbing their head to get them to relax. Take one of your fingers like you're going to scratch a scratch off ticket, and go across their temple area, but not as hard as the ticket. When you go over any area be sure to look at their eyes. Do they blink, quiver, flinch, or move away; take note of these areas they had a reaction to. Next scratch down the poll/neck area again watching for a reaction.

Then we go back to the areas we took note on the reaction they were having when we lightly scratched over it. Then place your hand on them lightly, as Jim Masterson teaches use an "air gap, egg yolk, lemon, or lime pressure". Just leave your fingers, or hand there gently for a few minutes, moving to all the areas you ran your finger on. Do they have any releases like yawning, chewing, sneezing, runny nose, or shaking the head? These are some of the responses they may give you which are releases of tension that you are working on. It is so amazing to watch and be a part of them releasing the tension they have been holding on to.

The poll area may feel soft to hard as a rock. They hold a lot of tension here. Start off lightly. Some horses need the air gap at first, which is just holding your hand barely on them. The warmth of your hand will help bring circulation and energy to this area. If they tolerate it, then increase your touch with enough pressure to break an egg yolk. No rubbing is necessary, unless they are accepting to your touch then you can gently use two of your fingers with a circular type motion to work the area. Please don't pinch them, it is just a way for you to work the area bringing two fingers together. You can get heavier if they tolerate it, if they don't, back off to the pressure they will tolerate. Remember less is more. You will stay with a light touch in the temporal area.

RUBBING THEIR HEAD TO GET THEM TO RELAX. TAKE ONE OF YOUR FINGERS LIKE YOU'RE GOING TO SCRATCH A SCRATCH OFF TICKET, AND GO ACROSS THEIR TEMPLE AREA, BUT NOT AS HARD AS THE TICKET. WHEN YOU GO OVER ANY AREA BE SURE TO LOOK AT THEIR EYES. DO THEY BLINK, QUIVER, FLINCH, OR MOVE AWAY; TAKE NOTE OF THESE AREAS THEY HAD A REACTION TO. NEXT SCRATCH DOWN THE POLL/NECK AREA AGAIN WATCHING FOR A REACTION.

The neck area you can gently go down each cervical area gently pushing and flexing their neck into each touch to get them to flex, and relaxing into each section. You will find they are probably sore or have issues in the neck. Take it easy and slowly until they can flex their nose to their ribs. You may not get them to do this initially, remember to not pull them around and make them flex, they need to stretch into it working every cervical spine, and muscle to get results. Don't forget to do both sides.

Some horses may fidget. They are telling you they are about to release, or your hand is too heavy. Don't always get after them when they do this making them stand still, until you know what they are doing. They may release for hours after you work on them, so make sure they have the time off if possible. Good Luck!

Creating Balance with Massage
Kimi Locke CEMT 702 419 7668

Enjoy the holidays with an easy Dutch Oven Pumpkin Dump Cake.

- 1 Box of yellow cake mix
- 3 eggs
- 1 can evaporated milk
- 1 can (29 oz) pumpkin pie mix (all ingredients added)
- 1 c. sugar
- Butter 2 sticks melted
- Pecans (whole or halved) handful
- Optional:** extra seasoning such as cinnamon, allspice or pumpkin seasoning mix
- Vanilla Ice cream for the top.

Mix the can of pumpkin mix, sugar and eggs together, optional extra seasonings, add milk. Pour in Dutch oven 14 in. or 13 x 9 pan. If you are using a Dutch oven, putting in a liner or even a baking dish will help with easier clean up. Sprinkle evenly over mixture the yellow cake mix, add pecans and drizzle the butter over the top.

Bake at 350 degrees approx. 40-50 min. If you don't cook with a Dutch oven outside, 350 degrees is equal to coals on the underside of oven placed around the edge, and coals on the top of lid. Watch it as it cooks, sometimes the bottom cooks a little faster, just pull it from the heat for a bit to keep from burning.

Kimi Locke and Tina Fortune
Two Girls and a Trailer
Dutch Oven cooking for private events.
TwoGirlsandATrailer@yahoo.com



ARIZONA AGRIBUSINESS & EQUINE CENTER COLLEGE PREP HIGH SCHOOL



Arizona Agribusiness & Equine Center High Schools

by MICHAEL LUCERO

We were pleased to take a tour of Arizona Agribusiness & Equine Center (AAEC) High School in Prescott Valley, AZ, one of five campuses in Arizona with the remaining schools in South Mountain, Paradise Valley, Red Mountain, Estrella Mountain, and Mesa. AAEC Early College High Schools was established in 1997 in an effort to assist high school students in their higher education aspiration. The schools in partnership with the Maricopa Community College District and Yavapai College, allow students to take transferable college courses in their high school tenure. Approximately 23% of the graduates complete Associate degrees prior to their high school graduation. AAEC College Scholarships assist AAEC graduates in pursuing an associate degree. AAEC seniors apply for scholarships yearly and are awarded monies to assist in tuition or other college expenses. (aaechighschools.com)

AAEC Equine Studies Program provides unique, challenging, broad-based educational opportunities for students who have a special interest in horses and the horse industry. Modeled in both content and rigor after university Equine Science programs, the AAEC curriculum is unparalleled at the high school level, and offers numerous equine-related options to engage students. The Equine Studies Program is the Career and Technical Education (CTE) program that



is designed to prepare students not only for further university study, but also for the horse industry. (aaechighschools.com)

The Veterinary Science Tract was created to offer students an opportunity to learn about the careers available as a veterinarian, certified veterinary technician, and other animal and human health fields. AAEC offers 4 courses (2 semesters each): Introduction to Veterinary Science, Animal Anatomy & Physiology, Animal Diseases, & Clinical Techniques. (aaechighschools.com)

(aaechighschools.com)

We spoke with Mr. Monty Soto, who teaches Agricultural Education and who is very proud of his Horse Evaluation Team who placed first in the State Championship, along with the Entomology team who also placed first. The event was held at Arizona FFA Association State Spring Conference at the University of Arizona in Tucson, AZ, March 2017. The AAEC Horse Evaluation Team went on to represent Arizona at the National FFA Horse Evaluation Career Development Event (CDE) in Indianapolis, IN, October 2017. Coming in at 7th Place was Arizona, Kate Koehl, Weslee Green, Rebecca Myers, and Danielle Stephenson, all of AAEC Prescott Valley FFA. Congratulations to the team at AAEC Prescott Valley!

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Kasie's Korner

Care of Orphan Foals

by KASIE MORGAN

Orphan foals can result from death of the mare, inability of the mare to produce milk, or maternal rejection of the foal. Orphan foals can be raised successfully with some extra care. As with mothered foals, you should make sure the orphan receives colostrum soon after birth. If the foal cannot receive its mother's colostrum, try to locate frozen colostrum. Thaw the frozen colostrum at room temperature. Microwaving or heating the colostrum can destroy the protective antibodies in it. In the absence of any colostrum, your veterinarian can give the foal a plasma transfusion or an oral colostrum replacer to get antibodies into its system.

The best and easiest solution for an orphan is to transfer it to a nurse mare. To transfer the foal, disguise its odor by rubbing whiskey, linseed oil, the foster mother's milk, or any other liquid with a strong odor on the foal. If those options do not work, you will have to bottle-feed or bucket-feed the foal with a mare's milk replacer. There are several recipes for mare's milk replacer; however, the commercially available formulas are nutritionally balanced for the foal and easy to mix and use.

Whenever possible, teach the foal to drink from a bucket. To teach the foal to drink from a bucket, coat your finger with milk and allow the foal to suck your finger. Gradually immerse your finger in the bucket of milk. Waiting several hours between feedings so the foal is hungry



often speeds up the learning process. If the foal does have to be bottle-fed, hold the bottle at the approximate height of a mare's udder so that the foal nurses in a natural position.

You want the foal to learn it is a horse and to respect humans. You should quickly and consistently discipline the foal for inappropriate behavior (biting, kicking, shoving, rearing) directed toward you. Orphans that are bucket-fed or bottle-fed should be introduced to other horses as soon as possible so they will develop normal equine social behavior. Putting an old, quiet mare or gelding in the pen or stall next to the orphan promotes normal social behavior. If your older horse can be trusted not to hurt the foal, turn them out together as soon as possible.

A healthy foal nurses from its mother up to seven times an hour for 60 to 90 seconds each time. A newborn orphan should be fed at least every 1 to 2 hours during their first week of life. Free-choice milk intake is recommended for healthy foals. During the first 2 days of life, a foal should drink about 10 to 15 percent of its body weight daily. For the next 5 days the foal's intake should increase to 25 percent of its body weight daily. When either bottle-feeding or bucket feeding foals, make sure that your feeding equipment is clean and that milk does not sour between feedings. Orphan foals always should have access to water and salt. Orphans should be offered grain, milk replacer pellets, and hay after a few days of life. However, the foal may not consume much solid food until it is about 1 month old.

<https://www.facebook.com/Morgan-Stables-Performance-Horses-1727009957520223/>

Santori Ranch, New Location

by MIRIAM LUCERO



Over the last couple of years I have attended horse events at the previous location of Santori Ranch. Some of our Writers and Readers have participated in several horse shows; we have enjoyed the Santori Ranch. Plenty of parking and having perimeter fencing makes one feel safe to have their horses there.

Over the past few months I had heard that the Santori Ranch has moved to a new location. Curious, I wanted to explore more, and meet Traesa Santori the owner of Santori Ranch. Wanting to know how she started the Santori Ranch? Relocating the ranch?

In 1993 Traesa Santori moved to Chino Valley, AZ. Traesa came into some money, and bought a chunk of land and turned it into Santori Ranch in 1994. Operating and running a horse ranch, stable, boarding, and hosting horse shows is 24hrs a day every day for Traesa and her husband Marco Santori. Here is even more interesting history, the Santori name is Italian, Traesa went to Italy to research her family name. Through the research, she met Marco Santori, not a relative. Traesa and Marco started writing to each other and their love grew. Marco and Traesa married, so now her full name is Traesa Santori-Santori. Sounds like a romantic novel!

Meeting Traesa and Marco at the Santori Ranch is delightful. Very gracious hosts, Marco works smart to keep the ranch and the grounds clean, safe and enjoyable. We sat in the barn and talked for about an hour, enjoying the ranch, and some of the frustrations of moving to a larger ranch.

The original ranch was in the County of Yavapai and due to a complaint, (which I will not get into) the Santori Ranch had to be relocated into the City of Chino Valley in a commercial residential zoning. Traesa shared with me, "moving the ranch scared her at first, not sure what the future held for her." She dug her heels in (like a true cowgirl) and worked with the City of Chino Valley to open her new location in Chino Valley, AZ. 955 W. Road 2 North, Chino Valley, AZ.

Here at Santori Ranch we want to offer something for everyone. We

offer private, semi private and group lessons for ages 4 & up; we have great lesson horses or bring your own. Lessons offered in Hunter, over fences, jumping, hunt seat, saddleseat, western, trail and reining. Summer camp dates will be offered as well. Please contact us for more information! 928-848-3649.

Our trainers' offer in house training, so even if you are not a boarder, but need your horse trained, we have room for them while in training. Boarders are welcome to have their own trainer/instructors come in for their horses if one of our trainers is not a good fit for you. Please take a moment to read about our resident trainers, we are sure you will love them as much as we do! <http://www.santori-ranch.com/> Our High Desert Horse Show Series is a Multi Breed Open Show offering Overall Highpoint, Championship Classes and Year End Awards. We are also hosting a Series for Minis and Ponies! As well as monthly Gymkhana events.

The 4H club's horse project meets here!! If you have a horse crazy kid between the ages of 9 and 19, this is the place to be!! Horse leader, Traesa Santori, can be reached through the phone number or email on this site! For additional information about 4H see 4HOnline.

(continued on page 34)





THE 4H CLUB'S HORSE PROJECT MEETS HERE!! IF YOU HAVE A HORSE CRAZY KID BETWEEN THE AGES OF 9 AND 19, THIS IS THE PLACE TO BE!! HORSE LEADER, TRAESA SANTORI, CAN BE REACHED THROUGH THE PHONE NUMBER OR EMAIL ON THIS SITE! FOR ADDITIONAL INFORMATION ABOUT 4H SEE 4HONLINE.

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Tanya

ferent during Christmas. Sometimes we'll go to the islands and soak up some sun while everyone else is freezing in Nashville! Or, we'll go to the extreme and head to colder temperatures in Steamboat Springs, Colorado! We'll get a big ol' cabin and go skiing and just relax. Christmas is all about family and friends to me, so wherever they are, we are.

You grew up in Wilcox, myself Prescott, AZ. You have seen the growth in Arizona. What do you think of the growth? Do you compete in Arizona at any of the horse events? And if not here, where? I'm so glad to see the growth in my home state. It sure looks a lot different.

(Switching to music) Out of all your songs, do you have a favorite? And favorite collaboration with another singer? Who is/or was your music influences? Well, Delta Dawn! It's been the biggest blessing of all. Without Delta Dawn, who knows where I'd be. I never get tired of singing it. Loretta Lynn is my all-time hero and I'm blessed to call her a friend. I went down to her house the other night and brought her supper. I'm so glad she's doing better.

You've talked about your dad, as parents they all have favorite advice sayings. Did your dad have a favorite saying? He had a lot of sayings! My dad is the reason I'm still standing today. My parents were the best around and supported me through thick and thin. I lost both of them a few years ago and miss them so much every day.

(I've been a fan for many years, met you several times in the 90's when I worked in Country Radio.) The 90's you had a stream of hits, and some great songs. And you have seen the music industry change. I am hearing from women in Country music, today it's much harder to get women played in Country Music.) Any advice for new female artists? Any new female artists that you would like to collaborate with? Miranda Lambert is the full package. She's got it all. I also think Elle King is a fantastic stylist - what a talent! That's what missing in music these days... stylists. There's a lot of singers out there. But not many stylists.

(I love your new song, and have it rotation on my radio station www.hwy89arizonacountryradio.net and met Glen Campbell 17 years ago, he was most gracious we talked about our kids, they are both the same age. Matter of fact he met my daughter, and told Jeff Dayton to get her some drumsticks.) What is your favorite memory of Glen Campbell? Thank you so much. All the money from the song is going to Alzheimer's research.

Will you be releasing more songs this next year? You bet! I feel like I'm going to break a record making a record! But we've got some new music I can't wait to share with the fans.

Tanya Tucker

by MIRIAM LUCERO

Tell our readers about your first horse or one of your favorite horses from your childhood? How has that horse impacted your life today? Oh, I can't just pick one! But I've always had an affinity for Appaloosas. Their stature and personality are just so charming. And I love riding them. I've had a passion for horses since as long as I can remember - they've always fascinated me. I'm always at peace riding.

I understand you have Tucker Cutting horses, are you competing as well? What do you look for in a horse? First off, I haven't competed recently, but I did win first place in the Celebrity Cutting Event in Fort Worth a few years ago. I was very glad to take home the belt buckle and the trophy. It was a wonderful opportunity for me. I'm down there every year during the National Cutting Horse Futurity. They have a celebrity event every year. I'm very glad to be a part of that and I've been a part of it most on and off since the latter part of the 80's. I enjoy it so much. I love riding cutting horses.

Do you farm or grow agriculture at your ranch? (Our readers are family, some new to horses and some are older and buying horses). We don't have any crops on our land right now.

Christmas is just around the corner, do you have favorite items you like to cook. What is a Tucker Christmas Tradition? Every year we do something dif-

Shari Rowe

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Wade Hayes



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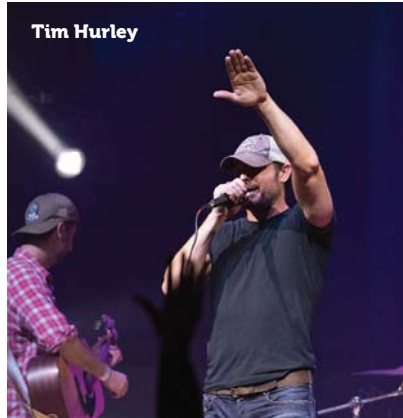
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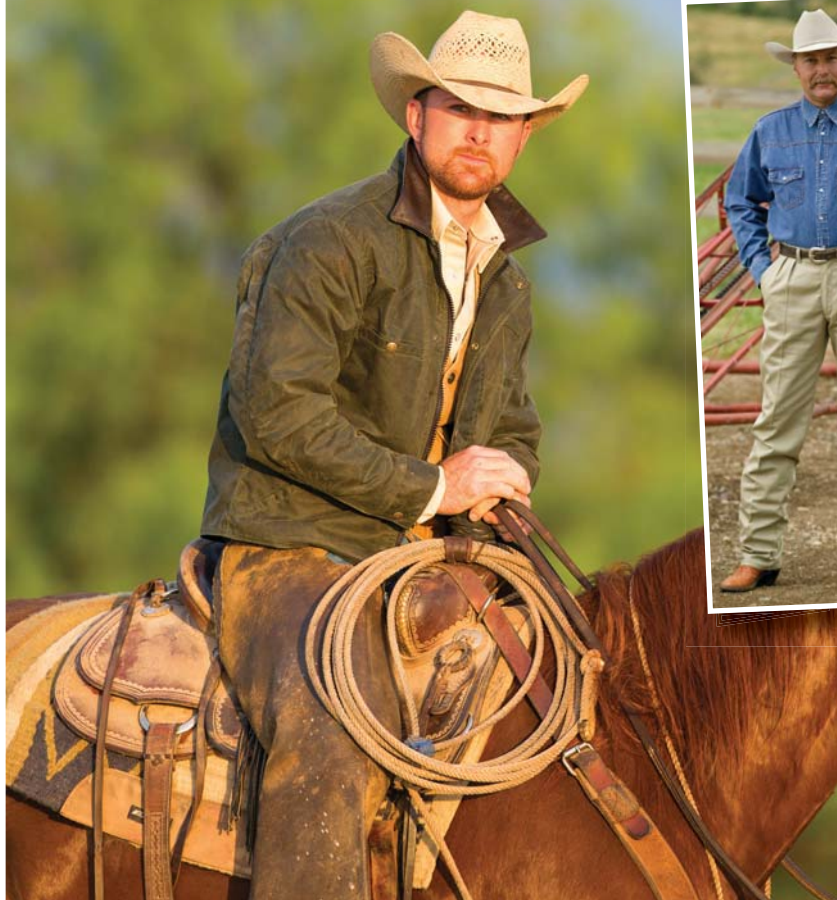
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Schaefer Outfitter

by MIRIAM LUCERO



We were fortunate to have a Q&A with Rick Grant, President of Schaefer Outfitter.

Who designs the clothing for Schaefer Outfitter? Over the years, I've done all of the designing. Nowadays, I'm the concept guy and concepts are refined by my Design/Production Manager.

Then we go through a series of sampling to review fit, functional and looks. How many stores are you in now? About 200

Has the business model changed since 1982? Definitely. The first 20+ years, it was a very traditional model whereby all sales were made to retail stores and they sold to the end-user. Since then, it has become multi-channel meaning sales are made through many different ways i.e. web site, direct mail, email broadcasting, social marketing, consumer shows, etc. It's much more expensive to grow multi-channel compared to traditional wholesale. In the traditional wholesale model, product was made based upon orders taken in first quarter for third quarter delivery. After 2008, retailers were unable to write future orders due to the economy, so we produce and stock our entire product line on a year-round basis.

We're basically in approximately 100-150 stores depending upon the time of year. Name of first store your line of clothing was in? That is a very good question, probably Lou Taubert Ranch Outfitters in Casper, Wyoming when I started.

How did you get started in textiles, and creating the Schaefer Outfitter product line? I kind of fell into this by accident. I have no technical textile design or production

education, it kind of comes naturally. I was in charge of growing the Soda Creek Western Mercantile Catalog, which was going great. I had doubled the number of their buyers in 18 months. The owners along with a group of investors purchased the defunct Schaefer Outfitter assets, which wasn't much, patterns, account list and tradename. One of the investors tried running it for about 6 months and it was going nowhere. I was approached by the owners to take over the reins. I started with re-branding the company, hiring sales reps and redesigning the line. I had it back on track in about a year. It was a lot of fun. Things were much simpler back then.

What does the future hold for Schaefer Outfitter? We have a lot to look forward to. The first part of the year I spent putting together a minor re-branding strategy keeping in mind we were relocating to Fort Worth, Texas. We re-shot the entire product line in May in Idaho and Texas including 22,000 photos, 36 hours of video and 6 hours of drone giving our web site, mailers and catalog a major facelift. In addition, I introduced several new styles and collections, including quilted wax cotton and nylon, lightweight waxed cotton and a series of brush jackets just to name a few. All homeruns! We are also focusing a lot more energy in social marketing to introduce Schaefer to a younger audience. Our commitment to always being American Made will continue to be one of our greatest assets. Lastly, the move to Fort Worth, Texas was probably the single best decision I've ever made for the brand. We've doubled the size of our distribution area and added a flagship store with everything Schaefer plus home goods. It has a big WOW! Factor.



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