HOTSET ACTICULTE June/July 2018

Al Dunning: Great American Cowboy Debby Campbell: The Rhinestone Cowboy's Daughter

Carly Kade: Cowboy Away

Caleche Ryder: West Coast Cowgirl

On A Night Like This: Keith Burns Lexi Tucker

J. Michael Harter



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Travis Lyons: 2018 Arizona Horseman's Challenge Of The Champions **Danielle Feller: Chino** Valley Equestrian Park

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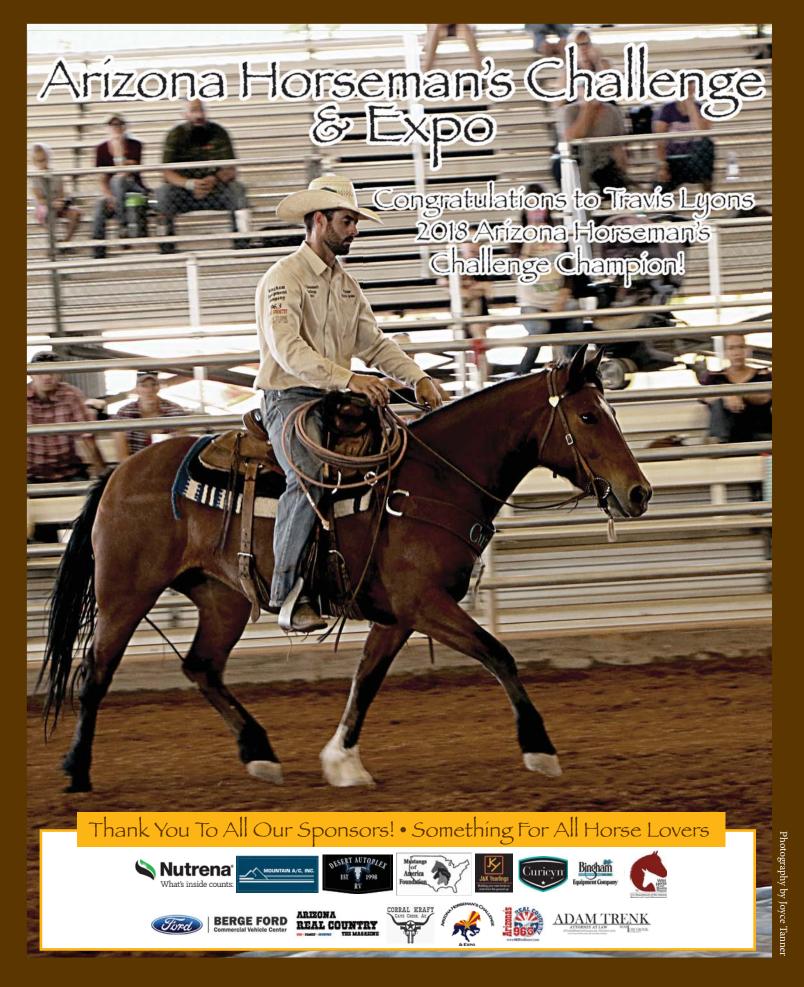
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PO Box 1556 Chino Valley, AZ 86323-1556 928-910-9261

horseagmag@gmail.com www.horseandagriculturemagazine.net

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Al Dunning

Great American Cowboy

The Rhinestone Cowboy's Daughter

The Whole Horse Connection Pt. 2

By Miriam Lucero

Debby Campbell

By Miriam Lucero

West Coast Cowgirl
By Miriam Lucero

Don't Forget To Bloom

Too Much of a Good Thing

By Tracy Albrant RN, BSN, CCM

Chino Valley Equestrian Park

Country Recording Artist

On A Night Like This: Keith Burns

By Lauren C Ebert

By Kelli Nichols

By Miriam Lucero

By Miriam Lucero

Caleche Ryder

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itting on a horse at a dead run on a trail or road is a terrifying experience to say the least. It's kind of like in the movies when the car is barreling down the mountain with no brakes and the cliff is just around the next corner. The big question is; what do we do about it? I wish the answer was simple but it's not. What to do next really has to do with your particular situation.

In recent years, it has been popular to teach horses and students the one rein stop and for some cases, that is the perfect solution, especially if you can stop the horse before he really gets going. But what happens when your horse is panicked and tearing down a road or a narrow trail? If you pull his head around and he can't see where he's going, you could just cause him to fall and if that happens he's going down hard. Pulling hard on both reins can also make the frantic horse even more afraid and give him something to brace against and run even harder.



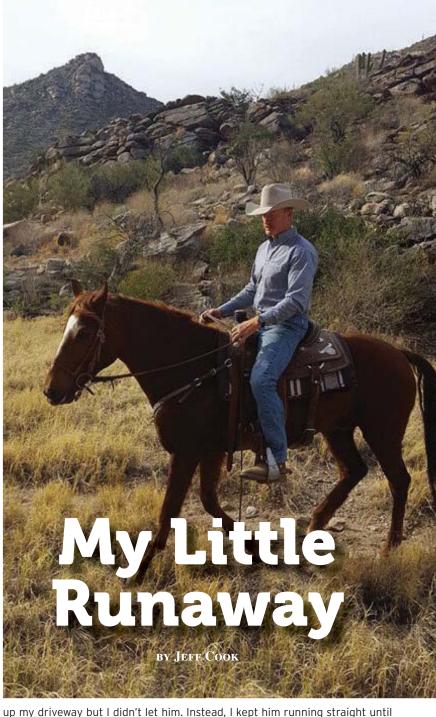


I recently had a young horse bolt on me on pavement and it was very slick. I knew if I tried to turn him hard or pull him to a stop, he could easily lose his footing and fall on me. So, what did I do? First, I tried to one rein stop him but it was too late, he took off like he was shot out of a cannon. Pulling both reins only made him bear down and run as fast as he

could. I decided that my best option was to ride it out.



I stayed as balanced as I could and relaxed into the run as best I could. He was running towards home with a hard right onto a gravel road coming up. I relaxed and helped him make the turn out. Once we got onto the gravel road, the footing was better and I was able to start taking hold of him. He wanted to run



the started to think again and started to slow down.

When we got home, we went straight to the arena and worked on stops until he was begging to stop. Sometimes our best option is not to think so much about stopping, but think about riding until we can get our horse back under control.

Good luck and always keep your emotions under control when you are dealing with horses.

Jeff Cook and his wife Kelsey own Dream Horse AZ and can be found on dreamhorseaz.com and Dream Horse AZ on Facebook

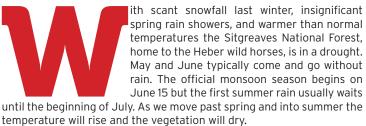


Arizona's Heber Wild Horses Before the Storms

by Michele/Anderson * photography by Mary Hauser







The U.S. Department of Agriculture Farm Service Agency declared Arizona ranchers and producers in Navajo and Apache counties have met qualifying drought ratings and are now eligible for assistance through





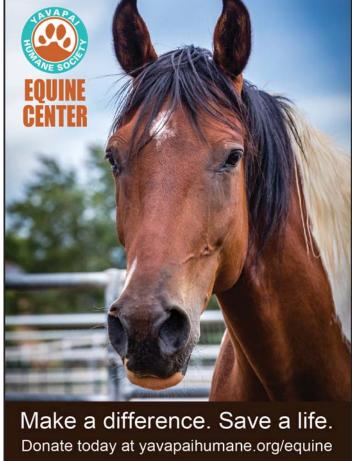




the Livestock Forage Disaster Program (LFP). It is uncertain at this time if the current drought conditions will cause the Forest Service to restrict or prohibit public lands cattle ranchers from grazing their privately owned cattle on the Sitgreaves National Forest this season. Without the thousands of head of cattle being grazed throughout the forest more vegetation and natural water would be available for the wild horses and other wildlife who are full time forest residents.

With the present drought conditions fire storms are much more likely to occur. Human caused or ignited by lightning and fueled by dry plant life the forest could be in for a devastating 2018 fire season. It is yet unknown if the life giving monsoon rains will materialize and break the dry spell. However, as with other wildlife, when water becomes scarce the wild horses will rely on springs and seeps often unseen by human visitors to the forest. When the prime green grasses dry up wild horses have adapted to eating courser vegetation. When cattle pasture fences do not prevent their movement the horses will move on to areas with more available forage.

But there is yet another, much more ominous kind of storm looming on the horizon and aimed directly at the Heber wild horses. Not one of nature but one of man. Not one of fire nor one that may bring much needed rain to the dry forest but one that has the potential to destroy the bands and decimate the herd by reducing the horses in the forest to non-viable numbers. The Forest Service is currently working on the development of the Heber Wild Horse Territory management plan that could include the capture and removal of the majority of the herd. The forecast for the wellbeing of the Heber wild horses is uncertain at this time.



For the current status and latest developments of the Heber herd please follow our Facebook page 'Heber Wild Horses'. https://www.facebook.com/HeberWildHorses/



arly Kade, I want to dive into your new book and sequel to "In the Reins" and introduce "Cowboy Away"! Would you share a synopsis from "Cowboy Away" and what our readers can expect?

Beverly Cleary once said, "If you don't see the book you want on the shelves, write it." I think I've read everything in existence about horses, cowboys and romance. There are a lot of equestrian novels out there focused on dressage or jumping or rodeo, but I haven't found many that focus on Western pleasure competitive horse showing at breed shows like the Quarter Horse, Paint, Pinto or the Palomino Horse Circuits. I wanted to read a love story themed around the type of horse shows I enjoyed competing in, so I wrote "In the Reins" and now its sequel, "Cowboy Away".

In the follow-up to "In the Reins", readers start exactly where the first book left off, take a deep dive into the history of the Green Briar gang, meet some new characters, and follow the enigmatic Quarter Horse trainer into his tumultuous past.

"Cowboy Away" shadows horse trainer McKennon Kelly as he hits the road with nothing but his memories, a pistol and hope to put his demon to rest. He's a cowboy caught between his present and his past who learns that sometimes one has to go backwards in order to go forward.

Early reviews are very positive! Readers are saying, "This book is funny. Romantic. Mysterious. And an all around entertaining read (whether you know and love horses or not!)."

Let's talk about the character McKennon Kelly, how you developed the character? His persona?

McKennon Kelly showed up one day in a poem I wrote in my journal! That's what started the writing of "In the Reins".

My heart was a flutter as I created him. Cowboy McKennon Kelly comes from the part of

me that is in love with love. As I turned my words into a man, I took the best from the ones I once knew (and those I still know), the ones I've read about in my favorite books, all the ones I've imagined, and mixed those qualities with all the things I wish men could be then sprinkled in a little of what I imagined a cowboy who can make the eight on the back of a raging bull would be like.

I knew I wanted readers to feel like they were falling for the leading man as they turned the pages of my story. Generating that kind of feeling was my goal - what I wanted to create for readers - so "In the Reins" naturally became a romance novel. I know that I sure wouldn't be able to resist reading about a handsome cowboy who knows his way around horses, so I wrote about what I knew ... horses and cowgirl culture. I am proud of McKennon Kelly. I hope he sparks a smile across readers' lips as they turn the pages of my books. He certainly continues to makes me smile as I write the third book in the series.

The Green Briar gang, would you share who the gang is and McKennon Kelly relationship with the gang?

The leading lady, Devon Brooke, represents all the mixed emotions that make up a woman: strength, independence, uncertainty, desire to find love, and that little bit of neurosis I think a woman can harbor when her fantasies don't exactly match up with reality. Devon's judgment certainly becomes impaired over a cute guy in cowboy boots! Ahem,

that would be McKennon (smile). She's a cowboy crazy cowgirl with horse problems

Sophia is Green Briar Horse Farm's owner. She is the gentle, intuitive, motherly figure I think every human wishes they had in their lives.

JD McCall is a bull riding heartthrob with swagger! He's the driven, never-give-up type that lightens the mood and provides a good giggle every now and then. My intention when writing the books was to hopefully make it difficult for readers to choose between JD and McKennon. I think their combination is the perfect storm when it comes to cute cowboys!

The horses, Faith and Star, in the "In the Reins" series are just as important to the storyline as the leading lady and her mysterious cowboy. When I released "In the Reins" and "Cowboy Away", I created video shorts to introduce each character in the book. You can meet the characters from "In the Reins" on my YouTube channel.

CARLY KADE

Carly, you have brought some new characters into the sequel, "Cowboy Away". Would you share some of those characters with our readers, and how they fold into McKennon Kelly life? In the sequel, readers will ...'



Meet Green Briar's newest horse.

She thinks he's Charming. McKennon thinks he's a Demon. Will this horse make their dreams come true or ruin the good thing they have going?

Meet Madison McCall.

Cowgirl, wife, ghost. She's haunting cowboy McKennon Kelly. Can he learn to move on?

Meet Sterling McCall.

He's a father and former stock contractor with money to burn. Will he ever forgive McKennon for what he's done?

Carly, you were in Horse & Agriculture Magazine in our December Issue on releasing "In the Reins", now you're promoting "Cowboy Away". This is a trilogy, is there an expected release date to the third book? Any details on the next book?

I am having so much fun with the journey this series is taking me on. McKennon and Devon's story definitely continues. My goal is to finish and release the third book in my equestrian romance series this year. The third book will completely wrap up McKennon and Devon's story for readers!

Also, I've learned that there are a lot of JD McCall fans out there so I'm developing an "In the Reins" companion novel that tells the tale of my bull riding heartthrob, too! Readers can anticipate at least 4 books in the "In the Reins" series.

How can readers get a copy of "In the Reins" and "Cowboy Away"?

The books are available now in Audiobook, Paperback and eBook formats on Amazon, Barnes & Noble, iBooks and Kobo. Also, readers can visit my store at www.carlykadecreative.com to give the gift of a signed copy to himself or herself or a friend!

Every Issue of Horse & Agriculture Magazine we have a theme! The June/July Issue theme is "Fun, in The Sun", what plans do you have for the summer fun, horses, vacation, family or writing?

Lots and lots of barn time! When I'm not writing or reading, I'm spending time with my horse. I am a member of the American Paint Horse Association and love competitively showing my Paint Horse. I recently moved to Arizona so I've just started to explore all the amazing horse show options that my new home has to offer. I feel fortunate because it seems like there's a horse event (almost) every weekend here and I board my horse at a picture perfect ranch nestled between mountain ranges. It's the kind of place I dreamed about as a girl!



Carly, we couldn't leave this interview without talking about your horse, besides your husband, a great love in your life. Tell our readers about your horse, how your horse inspires you?

Sissy is the one I always dreamed of owning. She is a Paint mare, and her registered name is Im Gonna Kiss You, which couldn't be closer to the truth. She is the most loving horse I've ever known and has been the inspiration for Faith in the "In the Reins" series.

I became Sissy's owner when she was young and did a lot of her training myself (with the help of a good coach and a lot of horse training books) so the lessons learned through those experiences helped bring Faith's training to life in the book. Sissy and I share a very close bond much like Devon Brooke and Faith do. Sissy is a lot like Faith because

she is forever forgiving of my equestrian mishaps and loves me unconditionally.

If you've taken a tour of my website or followed me on my Carly Kade Creative Facebook page, you'll notice Sissy stands in as Faith in my promotional videos for "In the Reins". I do all the marketing for the book, so it helps to have my own horse to work with as I film the footage.

My history with horses is definitely a reason why other horse lovers have been drawn to my books. I know what it feels like to enter a show pen and be nervous or to be stuck with my horse's training. And, I know what it feels like to swoon over a cute cowboy. Ha!

I hope that sort of authenticity comes through in my writing. I'm a horse owner. I've shown competitively most of my life. I write about my lifestyle, not something I've researched, but what I do.









Flagstaff Pro Rodeo

by Miriam Lucero and Kristen Daulton

Kristen Daulton, a little bird told me that you're the original creator of the Flagstaff Pro Rodeo. How did you start to create the rodeo? What does the Flagstaff Pro Rodeo mean to you?

Growing up with a rodeo in my home town, watching it disappear and leave a gaping hole in our community, I wanted to see the grandstands at Fort Tuthill come alive once again! After working on the rodeo for a year and a half (Dec 2012-June 2014) we were finally able

to watch everything come together! We have picked up momentum each year making our rodeo bigger and better. In 2017, we were named one of the "Top 5 Best Rodeos in the US" by Cowboys and Indians magazine. That same year we also won the Most Improved Footing Award by Justin Boots and were presented with an award in Las Vegas during the WNFR. We are doing everything in our power to continue our tradition and hope the Flagstaff Pro Rodeo will someday celebrate it's 100th anniversary! The Flagstaff rodeo is a time when we can bring the western heritage alive in our town, families get together, children learn about livestock and the sport of rodeo, laugh and make memories!

Kristen, you're in the 5th year of the Flagstaff Pro Rodeo, and board members that put this rodeo together. Would you share with our readers tickets, all the volunteer check in, our will call about the board members, who they are, and what roles they participate in helping bring the rodeo all together?

It's always been my goal to have the best rodeo committee/family in the United States, and that is what makes our rodeo so incredible. We have all the RIGHT people on our team. It takes a lot of passion, a lot of dedication and a lot of time to do what we do.

My role is PR, hospitality, advertising, budgeting, bringing in sponsors, and making sure every piece of the puzzle fits together leading up to the event. If I do my job right, I won't

have anything left to do once the rodeo kicks off opening night.

Mike Felts is our VP, he handles everything behind the scenes. All the equipment, all the fencing, parking, signage/scoreboard & electrical. He truly is the other half of the rodeo for what I do.

Mike Hughes is our main arena man. He handles all the stock, timers, judges, welding, entertainment and rocks at gettingsponsorships.

Sunny Farrell sets up our tickets sales. She handles online sales, pre-sales on location, sponsor



trailer and making sure lines are moving quickly at the event.

Mykel Fields is our secretary and makes sure the board is taken care of. She makes sure we always have food and that our meeting minutes are up to date. She manages our email, social media and insurance requirements.



Destiny Kester is our vendor director. For months leading up to the rodeo she collects contracts, insurance and communicates with vendors for our rodeo. During the rodeo she arranges food for our 100 volunteers and committee each night. She also assists with some of the rodeo queen events.

Even though we all have our own responsibilities for the rodeo, we are always willing to work together and lend a hand wherever needed. We all have different strengths and work exceptionally well together. We also rely greatly on our outstanding forty-person committee who handle everything from security to beer sales to our VIP tent!

This is the 5th Year of the Flagstaff Pro Rodeo! We attended last year, and had a blast. The cool pines, the atmosphere, the participants all smiling, and having a great time! What can we expect this year? Entertainment? Festivities?

As we celebrate our 5th anniversary we will put our focus on making our 3-day event the biggest, best, and most successful rodeo yet! We will have all 7 of the PRCA/WPRA events: bull riding, bareback riding, saddle bronc riding, team roping, tie down roping, steer wrestling, & barrel racing. We will have some exciting mounted shooting in the half time show, the 7x PRCA Clown of the Year- Justin Rumford to keep you laughing, mutton busting for the kids, buckaroo brunch Saturday morning, an open barrel race Wednesday night, all five of our past rodeo queens will be there and Briana Payne performing live from the arena Saturday night for the after party! Be sure to get your tickets early because you won't want to miss out on this action-packed rodeo!

Kristen, I want to give you a high five; not a lot of women have started a rodeo! Where does your inspiration come from? What can you share with other women, on developing their dream, or inspirations?

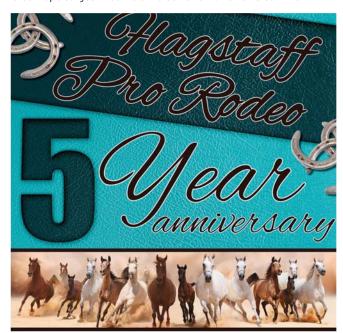
Work hard. Don't ever stop. Everything worth having is worth working for. My dad, Mike Strunk, taught me that. He and my husband pushed me to keep going when I wanted to quit perusing the rodeo dream. It's not always easy, but it is always worth it.

Horse & Agriculture Magazine has a theme each Issue, and this Is-

www.flagstaffrodeo.com/

sue is "Fun, in the Sun"! Besides putting on a great rodeo, Kristen. Any fun plans for the summer, horses, family, and

Absolutely! After the rodeo is over for the year we plan to go camping in Colorado to celebrate my daughter's 1st birthday. We also hope to get in some time at Lake Powell this summer!





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education?

I got into the horsy world later in my childhood than most. At times it was difficult for me to

I got into the horsy world later in my childhood than most. At times it was difficult for me to find motivation because I knew nothing and I knew no one. However, my passion overcame my fears. No matter what you are trying to accomplish, whether it be horse related or not, I encourage you to give it shot!

In life we hear a lot about life lessons. What is the single lesson you learned about yourself this year? And how will you apply that lesson in the years to come?

There have been so many different life lessons that I have learned through this experience. However, the one that stands out the most is learning to have a good attitude. This truly changes your mindset in any situation.

You're in College to pursue a degree in Veterinarian Medicine large animals. Would you share with our readers the Colleges you're attending and the University you're hoping to be accepted to? Why?

I am currently studying Biology at Northern Arizona University (NAU). With this degree I hope to pursue a career in Veterinary Medicine for large animals. There are so many great Veterinary Schools all over the globe. However, my first choice is Texas A&M. I have always imagined myself at this school because of their wonderful large animal program. I feel this school could challenge me and allow me to grow, but also allow me to fit in.

Horse & Agriculture Magazine each issue has a theme! The theme for this issue is "Fun in the Sun"! What plans do you have for the summer with you, your horses, and family?

I am very excited for summer and to spend time in the sun! Every summer I have enjoyed competing in the Flagstaff gymkhanas. These events are very family oriented and they are just plain fun! I recently got a new horse, George, I am excited to continue working and training with him as well. I am sure my family and I will spend lots of time together, whether it be through vacations, camping, hikes, etc, which I also looking forward to.

You're passing the crown and sash to the next Flagstaff Pro Queen, any advice for the incoming Queen?

Back to the life lesson I mentioned. I encourage the new FPR Queen to go through this year with a great attitude! Not every experience is going to be great, there will be ups and downs like in any life event. However, it is much easier to get through the downs when you smile and wave anyway!

Morgan, you were in Horse & Agriculture Magazine last year, and we watched you receive your crown, and sash! How has this year changed for you? Would you share some highlights that are precious to you?

When I was receiving my crown and sash a year ago, I never would have guessed what was in store for me. I got my first horse just 3 years ago in 2015, when I was 15 years old. In that moment I had a lot of ideas of what I wanted to accomplish with my first horse. And honestly, being a rodeo queen was not one of them at that time. As I continued being a member of the FPR Committee, I grew to love my Rodeo family and I wanted to be the one to represent my hometown rodeo. My horsemanship grew tremendously, thanks to all of my wonderful mentors. My ability to speak in public, build relationships, and even write essays has improved due to my confidence that was gained in this experience. Some of my favorite memories I have involve signing autographs for young children, and being able to instill a love for rodeo in their hearts.

Morgan, you're always most gracious, compassionate young woman, and a role model to other young women. What advice

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Mary Alyse Norton, it's hard to believe a whole year has gone by. I watched you and Morgan Riggs accept your crowns, and sash! As the 2017 Flagstaff Pro Rodeo Teen Queen, how has this year changed you? Would you share some of the highlights of the past year that are most memorable to you?

This year has changed me so much! Where do I begin? From public speaking, to horsemanship, to balancing rodeo queen and college life, I have grown so much! If you can call writing essays on a Sunday night at the rodeo grounds being balanced, I've got it figured out. Although rodeos, hot laps, and shagging cows are amazing, by far my favorite times are those of me line dancing and giggling with my Queen Morgan at every rodeo dance possible. I also attended the Miss Rodeo Arizona pageant, the Miss Turquoise Circuit pageant, and got to see my best friend Haley crowned MTC. You could definitely say that these were highlights of my year!

Mary, I see you as a teen role model and a maturity beyond your years. What advice can you share with teens on goals, rodeo queen, and education? What are your future goals?

My biggest advice to every teenager is to find what you love to do, and do it. Follow your dreams, and never give up! It may take a few tries to accomplish something you put your mind to. I did not win my first rodeo queen title until my third try, but the amount that I learned in that time gave me the knowledge and ability to win at my very best! As far as education, my advice is to never stop learning! Whether you are studying for a school final or your next rodeo queen pageant, hard work and dedication always pays off!

In life we learn life lessons. This year what is the single most life lesson you have learned? How will you apply that to your future?

Being a rodeo Queen, it is our job is to not only represent our rodeo, but to help with whatever is asked of us wherever we are. Sometimes that means having the honor of carrying the American Flag, and sometimes to sell raffle tickets. We don't always get to do our favorite thing at a rodeo. However, when we are told to go out in the crowd to sell those 50/50 tickets, I LOVE to go out and meet every little girl that aspires to be a rodeo queen one day or the little boy that wants to be a bull rider. It is those moments that make being a rodeo queen so special. Make the most out of every situation, that is the biggest life lesson I have learned this year.

Horse & Agriculture Magazine has a theme each Issue. The theme for June/July Issue is "Fun, in The Sun"! Any fun plans for the summer, with your horses, family, and friends?

The best part of my summer will definitely be the 2018 Flagstaff Pro Rodeo! I am so excited to spend a week in the cool weather with my wonderful rodeo committee and my FPR Queen, Morgan. Down where I live in Fort Mohave, it will be about a million degrees (120 actually) all summer long, so I will spend the rest of it at the river with my horses! I love taking my horse Charles down to the beach to go swimming, he absolutely loves it!

You will be passing the Crown soon to the 2018Flagstaff Pro Rodeo Teen Queen. Any advice for the new teen Queen?

To the incoming 2018 Teen queen, hang on for the ride, it's a crazy one! Some practical advice, always keep a lipstick and bobby pins in your cowboy boot, never quit smiling, and most importantly, have fun!

Go to as many events, parades, rodeos, and rodeo dances as you possibly can. The year will go by faster than you can say the word "rodeo!"

Mary, you have been training a lot of horses this year! How has that experience been? Charlie is your horse, and I know he means a great deal to you. Would you share with the readers a little bit about Charlie?

You can never ride enough horses; ride as many as you can! Over the years I have had the opportunity to work and train several horses to be rodeo gueen horses. It is extremely rewarding to take a horse that is scared of its own shadow, and less than a few months later be running a sponsor flag in front of thousands of rodeo fans! Currently, I am working with my two-year filly Mazie so I can ride her in September. We got her when she was four months old. Lastly, Charles, my tried and true, partner in crime, old faithful, has been by my side at every rodeo since day one! Whether I am at a rodeo, parade, at the river, horse show, or even the Taco Bell drive thru, we do everything together. I can always count on him to do his job. One of his nicknames is "Bob," because he bobs his head constantly, especially when you ask if you can have a kiss. He loves to give kisses, but if anyone other than me asks, he will just whack you in the face with his head. Without this big hearted horse Charlie, I wouldn't be where I am today!





The Hatsmith

by MICHAEL R HULL

owboy hats and hats in general have been a functioning part of people's lives and fashion for well over 150 years. I myself have worn hats most of my adult life. When I moved out to Las Vegas in 1987-88, I was fortunate enough to get a job working at Miller Stockman Western Wear here. It proved to be a great job and I still work in the Western Retail field to this day at the Boot Barn Super Store in Las Vegas. My specialty is hats. Selling, cleaning, modifying, and refurbished a lot of old hats people bring in to the best of our ability's. There are some things we can't do and refer other people for that.

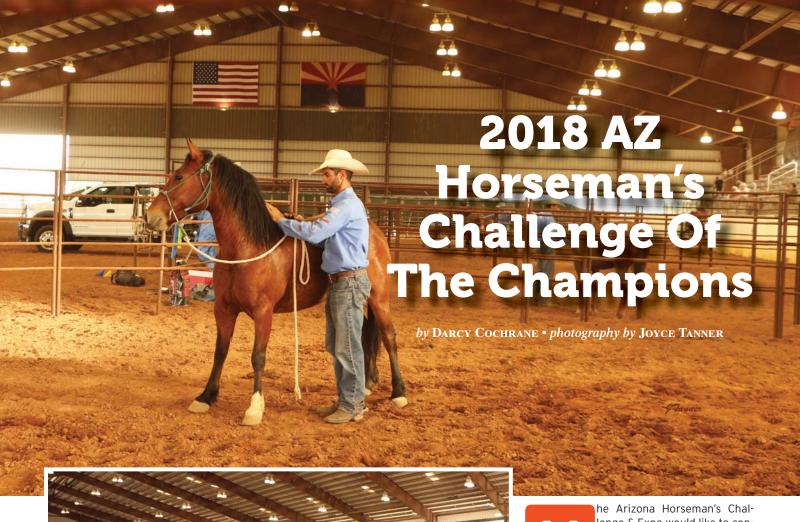
When the new store was built a few years ago the old store had always had strong hat sales. So with the new store the company put in a "Hat Bar" complete with bar stools for the customers to wait while their having work done. It's proved to a great success. We're also fortunate to have a great staff that can perform most of the customers' needs including myself, Jill Cook, Justin Reyes, Edgar, and some other employees that can step in when one of us is not there. It's a great set up and probably one of the best on the west Coast.

Older hats that come in always have a story to tell either from the owner or when you start steaming them. When you steam an older hat the smells that it picked up in its life will come out especially in a felt hat. BBQ's, horses, cattle, diesel smoke, campfires, etc. Several years ago I was steaming a hat that belonged to a customer's Great Grandfather. He inherited the hat several years after he passed. He had passed when the customer was only 3-4 years old. When I steamed it the smell of his Grandpa's after shave came out and the Customer was almost in tears because he had forgotten about that smell when he was little. The customer might have forgotten the smell, but the hat hadn't forgotten it!

We work on all kinds of hats other than Cowboy hats. Top hats, Fedoras, and yes even in Las Vegas, Show Girl Hats from time to time. And a little bit of everything. Our customers come in from all over the U.S., Canada, and all other parts of the world. We might only see a customer a few times a year, but most of the time it's like we haven't seen them since a few weeks ago. The Hat Bar has proved to be a great idea at our store.

Some of the hats that I work on reguire me to take them home to work on them from time to time. Especially if there are some embellishments or very time consuming modifications that would take up too much time at the store. I've dedicated a Facebook page to this called The Hatsmith. I post a lot of before and after of cleanings, reshaping of crowns, brim cutting, etc. that we do. Come check us out at Boot Barn when you're in Las Vegas. We're on the Strip (Las Vegas Blvd and Warm Springs) our address is 2280 West Warm Springs Road. Our phone number is 702-471-0101.

https://www.facebook.com/ Th Hatsmith-1701783130109499/







he Arizona Horseman's Challenge & Expo would like to congratulate Travis Lyons as the winner of the Challenge of the Champions colt starting competition. It was a hard-won title, among four accomplished trainers. This is the second win in a row for Lyons, who trains out of Cornville, Arizona in the Verde Valley. Travis is also a farrier and equine dentist. "I like to look at accomplishments as milestones. I am pleased but never satisfied. I feel that keeps the fire lit and something to work towards."-Travis Lyons

The 2018 Arizona Horseman's Challenge & Expo took place in Queen Creek at Horseshoe Park & Equestrian Centre May 11, 12 and 13. This was the 6th year for this event, the first in Queen Creek, and each year it has gotten bigger and better. The cornerstone of this event is the Arizona Horseman's Challenge, Arizona's premier colt starting competition. Five experienced horse trainers compete against each other to see who can train their colt to the best of their and their colt's ability in the time given.

Jody Swink of No Sweat Natural Horsemanship is the creator of this format for the colt starting competition. The concept is not new, the execution of it is. In most colt starting competitions the one who gets their horse the farthest is the winner, period. In the AZHC there are four judges watching five trainers work with untrained mustangs in eight hours over three days. They watch how they interact with their horses, and what different training tools they use to overcome challenges that the horses present. In this unique setting, the trainers are judged on how they bring the horses along, not only the end result. This format also makes a fun spectator event. The horses are picked by the trainer's using a white elephant style, with numbers out of a hat and they are allowed to steal each other's horse. The trainers get eight total hours in two-hour increments to work with their colt over three days. The seating at Horseshoe Park & Equestrian Centre puts the spectators up close and personal. All five trainers are visible at the same time. The caliber of judges that attend this event is impressive, with years of experience and wisdom earned while working with horses. This colt starting contest has created many lasting friendships, when they all have something to learn, as well as teach, the feeling of comradery and encouragement is palpable.













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Let's start from the beginning. Your first experience with horses? First horse, and how that first horse shaped your life? How did you get started training horses?

My first experience with a horse was when I was about 6 or 7 years old in Chicago. I rode the ponies at a place called Kiddie Land. Later, my sisters and I started taking lessons in Harms Woods in Chicago at Haldorf's Stables. They had bridle path horses. We would ride out and do some small jumps...nothing big. That was my first horse experience. My first horse was named Roxie. She was unregistered and we bought her for \$300 at Royal Palm Stables off of Camelback Rd in Phoenix shortly after we moved to Arizona in 1958. The whole family rode her and as a bonus she could pull a wagon. My father never lived with us in Arizona and I met a horse trainer that became my father figure when I was 12 years old. I rode and trained with him until I was in college. I never looked back.

To me and others you're the great American Cowboy, you represent that in your manners, your respect for horses, and others. I know that is important to you. How important is it to you

that we continue a Western Cowboy Values/Traditions, and carry those traditions on to the next generation?

There is a lot going on in the world today that represents evil spirit and poor core values. I was raised to respect my fellow man and especially my elders. We never watched violent things on TV because we were too busy working or riding horses. I have a strong opinion that the more you are taught good morals and a healthy work ethic, the more you will respect the things you have. I have been married for 47 years to my childhood sweetheart and have remained living here in Arizona, never reaching for the gold ring that was offered on the "Carousel of Life". I live the Western Lifestyle and enjoy every moment of it. I have never changed my opinion of that and at this point never will.

You have developed AD Tack, (https://www.aldunning.com/shop) some of our readers may be familiar with AD Tack. Some may not. Would you share how you developed AD Tack, and the benefits of AD Tack?

In the late 1970s I started doing more clinics to add to my training





business that was going strong. During the clinic people would always ask, where do I get that bit or saddle or other pieces of equipment I was using. I would give them instructions as to where they could acquire the pieces they asked about. One day the light bulb went on and I decided to carry all the tack and equipment that I used so there was a one stop shopping place for people who wanted the tack I used. 95% of all the tack and equipment at AD Tack is American made and 100% is equipment that I use and believe in.

Tell us a little bit about Al Dunning Training Stable, Inc.?

I started riding at 12 years old and became a professional when I was 20. Since that time, my riders and I have accumulated around 50 World and Reserve World Championships. I have competed in the American Quarter Horse Association, National Reining Horse Association, National Cutting Horse Association, and the National Reined Cow Horse Association and have had World Champions in all. My main focus now is showing in NCHA cutting events. Currently, I am an EquiStat Elite Million Dollar Plus Winner. One of the most gratifying things about training horses is not only getting to work with some amazing animals but I've met people from all over the world that love horses and want to learn about the way I ride and train.

Switching gears to your AD Team program, which is an online training program http://www.aldunningsteamad.com/. What can experienced riders and beginners expect from the AD Team program?

The original concept of Team AD was to be able to help people anywhere in the world with their horse. One of the components of Team AD is video coaching. Riders can send in a video of them doing what they do with their horses, whether it's training them to do a particular maneuver, making them to behave better, or a video of them showing. After I review the video, I send them back a voiceover with their video so they have a positive critique to better their horsemanship. Another component of Team AD is my accreditation program. There are 53 skills in three different stages that must be completed to get this accreditation. Riders can do this as an accredited horseman or an accredited trainer. Each of the three stages becomes progressively more technical as you advance. At the end of the accreditation process, the participant must come to the ranch and spend a period of time to fulfill the final requirements of accreditation.

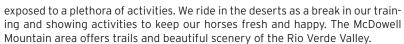
There are a great deal of people moving to Arizona, and some are getting back to owning horses. Would you share some advice on buying horses? Your favorite trail ride in Arizona? Favorite trail ride outside of Arizona?

Anyone needing help looking for a horse should seek the opinion of an AQHA Professional Horseman. This is a group of men and women that have passed specific criteria and have signed a code of ethics. Any time a horse is purchased, you should know the history, be sure it fits your needs and have a soundness examination. Doing your homework is important. Good, sound, reliable horses are not cheap. The original cost of the horse will be nominal compared to the upkeep. All horse owners should be prepared to take care of their horses properly.

There are many equine activities in Arizona. Mine focus in the performance horse arena. At the Almosta Ranch, we train cutting horses, cow horses and ranch riders. We are firm believers that horses should be







In your own words, and all of the horses you have trained. What does the American Quarter Horse mean to you?

I have been fortunate to win many awards such as AQHA Professional Horseman of the Year, Zane Schulte NCHA Trainer of the Year, Western Horseman Magazine Trainer of the Year, and induction to the AZQHA Hall of Fame. I have served as President of the Arizona Quarter Horse Association, Arizona Cutting Horse Association, and have been Chairman of both the AQHA Show and Judges Committees. I have judged the AQHA World Championship several times as well as the NRCHA Snaffle Bit Futurity and World's Greatest Horseman. All of these activities have been because of the American Quarter Horse. In my early years I trained many breeds of horses and found the American Quarter Horse far superior for the events that I enjoyed most. They are bred to be strong, have good minds, superior cow sense, quick turns and dynamic stops. All of those factors make training a positive experience and a worthwhile endeavor.

You have Almosta Ranch on the market to sell; what is on the horizon for Al Dunning?

I have trained horses professionally for almost 50 years with much success. I don't foresee myself stopping now! Horses are in my blood and I will continue with them as long as I am able. The 30-acre Almosta Ranch is on the market so that I can downsize but still do what I do. Training and competing at a smaller scale will allow me to have more longevity. There are many options depending on when the ranch sells and who buys it. I could build a smaller 5-10 acre facility. I could possibly rent stalls at one of the many facilities in our area. Or depending on the new owner I could stay and manage this facility while training a smaller number of horses. God only knows!

Can you tell the readers about your clinics which are so popular?

One of the major activities of my business is doing clinics. I have done them worldwide including Australia, New Zealand, Germany, Austria, England, Ireland, Argentina, Canada and throughout the United States. Most of my clinics are about teaching riders to get the most out of their horses, working cattle (cutting



and working cow horse), and basic horsemanship. Over the years, many men and women have ridden with me for several years and became successful professionals. Numerous amateurs and non-professional riders have become champions in various classes. My clinics give riders the chance to learn the skills and techniques it takes to be successful and to enjoy their horse experience to the max!



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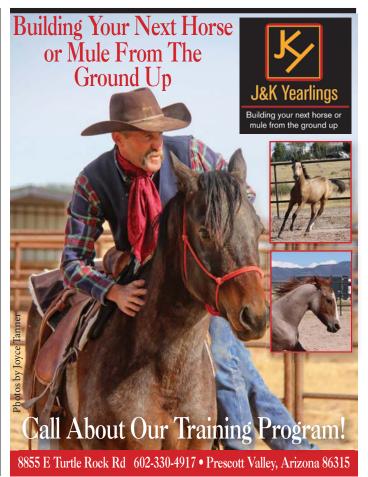
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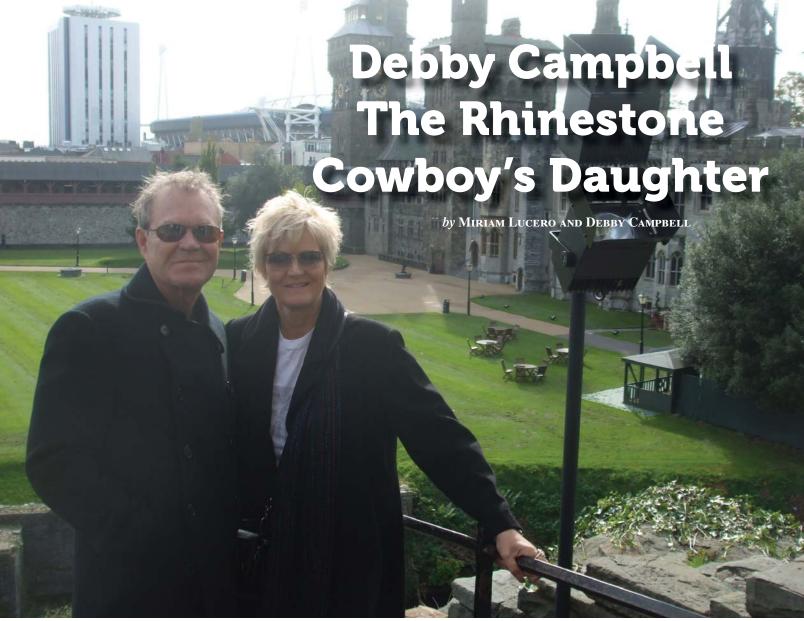
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Debby Campbell, daughter of the late Glen Campbell. You're the "Rhinestone Cowboy" eldest Daughter. You have a new CD, with many hits of Glen Campbell songs/music. I listened to "By The Time I Get To Phoenix" an incredible rendition of one of your fathers biggest hits. Your vocals are rich, well produced and moved me. How did this project come together?

Well as most of his fans know, I stopped performing in 2011, 24 years on the road with Dad. I thought I wouldn't really sing again. My friend Bobby Wilson, Jackie Wilson's Son, hounded me for three years to go and meet with his producer Tony Mantor. I hem hawed for a few more years and finally I went and met with Tony, I want to say late 2016. He wanted to record a CD and to be honest; I didn't think my voice would hold up from not using it for some time. But I told him I would give him four songs and see how it went. Well, it went great and I have this beautifully produced tribute to my Dad. The project was delayed as it was hard to go into the studio after Dad passed away August 8th of last year. We ended up finishing it February. Tony wanted it out immediately, but I asked if we could release it on Dad's birthday as it was a tribute to him.

How did you feel after the project?

I am elated with it. I love the songs I chose. I let Dad's Fans vote on their favorite song. My friend Kevin Lemons, helped with others and it just all centered around my love for my Dad.

Would you share some of your fondest memories of your father? Best advice he gave you?

I am so blessed to have amazing memories with Dad. I wasn't raised with





Dad. My Mom and Step-Dad Jack was in the Air Force, so we moved almost every four years. But some of my most favorite memories are while living in England. Dad would always send a car to get me at the Military Base in Lakenheath, England. I would get quality time with him there. I went on tour with Dad and Anne Murray. Got to hang with John Wayne in England as Dad did some BBC Specials there. Memories of Dad and Billie Jean picking me up in the station wagon in Roswell, NM, most likely on our way to Carlsbad where Billie's Mom and Dad were. Dad and I would sit in the back of the car where he taught me how to play the card game, "Gin".

Best advice Dad ever gave me was to always be honest. And most importantly, be honest to myself.

I listened to "It Looks like Rain", which is an original song and beautifully sung by you, about your father Glen Campbell. I must say it hit me like a ton of bricks, made me cry and think about my late mother who passed away from a stroke. Would you explain the song to our readers?

Tony the Producer pitched it to me, and it resonated with me all the feelings that I would feel when I would go to visit Dad in the Memory Care Facility. I feel so blessed that Dad actually had glimmers of recognition of me a few months before he died. Such a heartbreaking disease as you go through the loss of your loved one twice.

Debby, you're the Author of a book recently released, "Life With My Father Glen Campbell". Would you share with our readers the synopsis? What this book means to you?

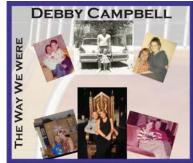
After being excluded from Dad's Final Tour as my Step Mom wanted to showcase her Children's talents, I went through a lot of different feelings. I was angry, hurt, and needed a release. I mean I had been Dad's rock on the road for over 24 years. It took many years building the relationship to the "Best Friends" that we had become, for it to be stripped away by someone else's agenda. So I poured my heart out as what it had been like. The journey to the relationship with Dad, and what I overcame to make that happen, it was very healing for me to get it all out.

Alzheimer's disease is difficult. Besides owning Horse & Agriculture Magazine, LLC I worked in healthcare for 15 years, and cared for many patients with Alzheimer's disease. What I learned is that those with Alzheimer's disease have a strong memory of their

informative years 14-24 years old. They might not remember yesterday or last week, however, that 14-24 years old is very prominent in the memory. How did you work through that process? Would you share with our readers who might have a parent, sibling, or other that has been diagnosed with Alzheimer's disease; any advice, or information that helped you?

I would sit for hours with Dad and just hold his hand. No words and then maybe one or two would come. We would both light up at the joy of recognition for it to quickly go away as fast as it had come. No matter for me to just know that I was there for him.

Loving him, for I knew who he was and what he meant to me. Even if he didn't know he was alone, I did and I wanted to spend as much time hugging him, looking at him as long as I possibly could till he was no longer on this earth. After sitting in the Memory Care Center with Dad and watching all the other patients. It really does affect each person totally different. But the one thing they all have in common, is they need their loved ones to be with them, (they) deserve that love.



Switching gears to a lighter note. You have other interests, golf and I believe we live in

Arizona, the best state for golf, horses, hiking, exploring, and music! Do you have a favorite golf course in Arizona?

Well Dad lived at the Biltmore before moving back to California, so we did spend a lot of time on that course. As well as I don't play (Ha Ha) all the Golf Courses were the same to me.

In 1999, I met your father Glen Campbell at a concert at the Yavapai College Performance Hall. It was a perfect show, and so much talent, and you were there, and Jeff Dayton. I was in the green room, and brought my daughter Shana to meet Glen Campbell, and hear his music. Glen asked her what she likes. Shana replied, I love music and I collect drum sticks. Glen Campbell, hollered at Jeff Dayton, "Get this young lady some drumsticks".

Funny you mention Jeff Dayton as I was just on the phone with him yesterday as he's singing with me at a second generation show June 7th in Nashville.

Would you share some highlights of being on stage with your dad?

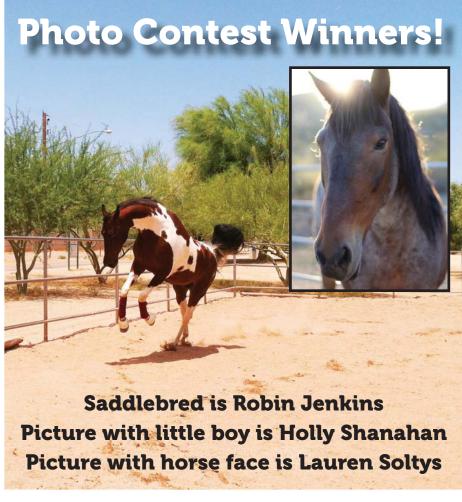
Wow. Funny thing is Dad and I carried our off stage relationship to on stage. It never changed. We were who we are and it was so comfortable and easy. He was such a "Country Boy" that you could not take the Country out of him, and I'm just like him. So we were just ourselves.

How do our readers get a copy of your current CD? What is on the horizon?

Well my Team is working on getting a website up and running. So for now they can order my CD at www.plateaumusic.com/store. Lots of good things happening. I'm performing in Little Rock at the Center for Performing Arts on UALR Campus on June 4th for the Arkansas Country Music Awards, (they are honoring Dad), and then June 7th at 3rd and Lindsley in Nashville with other Kids of famous parents (2nd Generation Show). And in process of putting a band together to go out and sing some songs. This will become a fun hobby for me. Couple of shows here and there. Maybe some cruises.

Each Issue of Horse & Agriculture Magazine we have a theme. The June/July Issue is "Fun, in the Sun". Any plans for summer fun, vacation, family, golf, music, or tours?

Ha Ha, Fun in the Sun! We live in Arizona remember. Well I am a Flight Attendant and will be starting my 32nd year in June, so I travel for a living. But I am planning a trip to Amsterdam in October with my Daughter, and definitely will be doing some shows in the very near future.









aleche Ryder, West Coast Cowgirl, which depicts who you are. Plus, the song "West Coast Cowgirl". I like the hooks in it, and the West Coast Country sound. Would you share with our readers how the song came to you? Who is your producer?

Thank you so much! West Coast Cowgirl is the first song that I wrote that I actually wanted to share with the world! I was reflecting on all of the country music that I grew up listening to and I remembered even as a little girl always singing about the south and there weren't any songs that were about my girlfriends and I. When I started writing music I wanted to create an anthem for not only my childhood girlfriends but for all of the West Coast Cowgirls up and down the coast that deserve their own special anthem! That song is so special to me, it paints a picture of who I was as a little girl and still fits as a woman. It will always be my "baby"! My producer on that project is a dear friend of mine, David Kidd. We wrote the song together as well. He really brought the project to life with his talent.

Caleche, your new single "Get Down", the production sounds really good. Sounds radio friendly; you had special talent involved with the production and the director on the video "Get Down". Would you share with our readers about that experience?

Get Down is a song about one of those nights that ends up turning into one of the best nights of your life. Where you meet a special someone and dance the night away with stars in your eyes. My friend David Kidd and I wrote it together and he produced it as well. The video was the brainchild of Director Izak Rappaport, and was shot by Jeff Kelly who shot Beyoncé's "Drunk In Love". The Nitro Circus stars (Jed Mildon, Streetbike Tommy, and Todd Meyn) are featured in the video, and we had a blast shooting it in Vegas!

In Horse & Agriculture Magazine we feature many of the established Country Artists with an equestrian background. You grew up riding horses in North San Diego County, which to me is just a beautiful place to ride. I frequent there quite often, and have covered a few stories in Fallbrook, Bonsall, and Valley Center. Would you share with our readers your equestrian background, and growing up in San Diego? Plus, your horse, and how has that horse impacted your life?

I remember going to horse camp in Bonsall! I was born in San Diego and grew up riding horses in a town called Jamul with my best girlfriends. We would spend our days riding as many horses as humanly possible, swimming in dirty ponds on horseback, pole bending, and getting as dirty as possible haha! I obviously grew up riding Western, but my mom used to ride hunter jumper. Her horse was an OTTB named Paris IV. My Great Grandmother had property in San Diego where she boarded horses, and would sleep in her car when the mares were in foal. Although I never had the privilege of meeting her, I feel her in my blood!

The Friesian pictured here is Dream. We had a relationship that was brief, but very healing. I cared for him while his owner was away for a few months. He came into my life after the painful loss of one of my best friends. He is pure magic. My Thoroughbred Luna is an ex racehorse who was injured in high speed training



Caleche Ryder West Coast Cowgirl

by Miriam Lucero with Caleche Ryder







http://calecherydermusic.com/



pring is a wonderful time to try new things and embrace better weather. The long dark days of winter behind us and new hopes and goals spring new. Reflecting upon last Spring weighed on my mind as I watched my daughter effortlessly lope her Arabian gelding in preparation of a qualifying show. For many of us who are Mothers, Fathers, Aunts, Uncles, Coaches and Trainers, we know that raising children and grooming them to reach their full potential is hard work. Before I became a parent I believed that MY children would follow the Equestrian lifestyle no questions asked. I was so naive.

Thirteen years ago when I "foaled" my oldest of what is now four children I had visions of lead line classes. Adorable short stirrup classes and tiny breeches with the sweetest of pink ribbons under the most adorable hunt cap. I just knew that be it Barrel Racing or Hunters my first born was destined for Equestrian Greatness, how could she not be!? She screamed when I put her on the retired show horse. Ear piercing, limbs are being severed, head rolling, scream. My mare looked at me as if I had produced a four headed monster and asked her to carry it.

At Eight Months old my first child gave me one of what have now been several parenting lessons, children have strong opinions. Fast forward two years. After loads of coaxing (I was not above simple bribery) I had the darling long haired lovely preschooler smiling for the camera while sitting on her trusty 48 inch half blind half deaf (half dead for that matter) miniature horse. I got ONE photo before he shook. It was like slow motion. Her shrill high pierced scream was drawn out. Her arms stretched out to break her two foot fall. As Equestrians what do we do when we fall off? Get back on! Naturally right!? Another lesson, when wailing like the ghost of an angry cat, do NOT put the preschooler back on the pony.

So for nearly a decade, my dreams of my oldest daughter loving horses the same way I did had faded. Other interests were pursued and life went on. I was the Mom at the soccer game wearing cowgirl

boots. Cheering her on wearing my barn coat and a ball cap with the same rigor as a rodeo Mom screaming at her can chaser to bring it home. It was on the drive home from a soccer game that she mentioned maybe taking some riding lessons. Since her sister was already involved in lessons I assumed it was a sibling rivalry thing as the girls are very close in age. I agreed never believing she would actually get on the horse

Benefit

I called up my personal trainer since she had such great rapport with my daughter already and asked her to give my daughter a lesson. I warned her that I truly didn't believe she would be capable of conquering her fear of actually get on the horse. The day came. There was my daughter, in my boots, my breeches and my helmet and so nervous I could see the whites of her eyes. I gave her a hug, wished her good luck and with a knot in my stomach left her with my trainer to whisper magical trainer yoodoo in her ear.

I sat down on the bleachers and watched as they entered the arena. My trainer leading the most saintly of school horses, my daughter looking rather pale a few steps behind. I knew it was going to happen. She was going to burst into tears and refuse to get on. My chest knotted up as I watched her cautiously step onto the mounting block. The warm smile of encouragement on my trainers face wasn't going to be enough to coax this kid into the saddle, no way. Or was it!?



Sirens went off in my head and my chest grew tight, she was putting her foot in the iron! "For the love of all things good please don't step away from the mounting mare!" The theme music from Jaws played in my head. I half closed my eyes. I am sure if someone had been recording the expressions on my face I would have appeared to have a terrible stomach ache. She was ON THE HORSE! Oh no. She was grimacing. Wait. Or was she,...no. It couldn't be. She was SMILING!? I couldn't believe this. My daughter was on a horse and smiling. Another lesson learned? Kids will surprise you. I watched for an hour as my trainer peeled back layers of uncertainty of a very cautious kid. It was like the scene in A River Runs Through It, where the music is soft and encouraging and Brad Pitt stands basking in golden sun and the scene leaves you with a sense of peace and fulfillment. That was this Mama's heart.

After the lesson I met them back in the barn and my daughter was chatting with my Trainer about the "next time". Next time!? As in she wanted to do this AGAIN!? That was nine months ago. Since then I have taken a crash course as a Horse 4H Mom, frozen my rear end off in the dead of winter as my girls have taken riding lessons on their own horses. Spent countless dollars on new equipment, new horses, new experiences and the building of their dreams. Be it a child or a horse, the final product is never really done developing, it's just the perspective that changes. My daughter's Arabian Gelding has given her more confidence to accept and conquer her fears than could be learned in any school.

Parenting lesson 48000? Never stop hoping. What special hopes will your Spring deliver for you? Maybe now is the time to take those jumping lessons, to start that two year old or to climb back in the saddle after a thirty year hiatus. Don't let your own self-doubt hold you back. Remember time is relative and we aren't really promised any more than today, so don't hold back, spring forward and enjoy the ride!

https://www.facebook.com/lauren.c.ayers e6images@hotmail.com





PO Box 1556
Chino Valley, AZ 86323-1556 • 928-910-9261
horseagmag@gmail.com
www.horseandagriculturemagazine.net

https://www.facebook.com/ horseandagriculturemagazine/

Publisher | Miriam Lucero

Editor In Chief/Admin | Michael Lucero

Marketings Director | Miriam Lucero

Graphic Designer | David Perez

Contributing Writers:

Kasie Morgan Kimi Locke CEMT

Jeff Cook Miriam Lucero

Michele Anderson

Tracy Albrant RN, BSN, CCM

Professor Justin Brereton

Lauren C Ebert Kelli Nichols

Photography: Joyce Tanner
Front Cover: Charles Brooks Miriam Lucero
Mary Hauser Lauren C Ebert Michael Lucero

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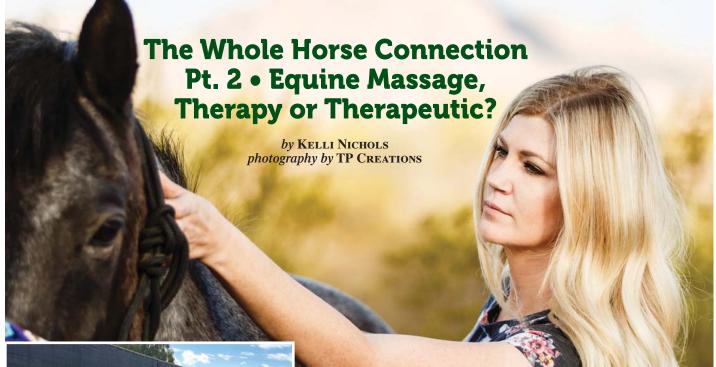
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n the last article I touched on some of the many benefits of equine massage therapy, but how does an owner decide who to call when their horse presents lameness - the vet or the massage therapist? The short answer is your vet first, always. As owners I know we can be apprehensive for vet calls, they're expensive on top of all the other regular care and needs that come along with owning horses. The benefit to having your vet out first to address a problem is they can provide a thorough exam and proper diagnosis. With that information from your vet, it is going to help me as a therapist formulate a plan and address the individual needs of each horse, tailored to the exact issue- in turn saving the owner money by targeting the source more effectively.

Massage therapy is preferably utilized as preventive maintenance, in my opinion, working to help prevent an injury before it occurs, but it can also complement your veterinarians recommend care for rehabilitation. I offer several services including a therapy package which entails a full sports massage, ReviatVet red light therapy, circulation therapy boots, and finishing with a session in the equine pool. I aim to offer a broad range of modalities I can utilize to achieve the best results from massage therapy, and to address any muscular problems horses may encounter in their careers.

Dr. Drew Durig, with San Tan Equine, is a DVM based out of Queen Creek, Arizona and is my go-to vet for when I come across a situation I may not have an answer to, or when I need guidance. He ever so kindly takes all my many questions without hesitation and finds the time to call and chat about them despite his busy schedule. For example, when I have clients with a horse that has a history of "tying-up," this is a condition I prefer a DVM's guidance on before proceeding to ensure the health and safety of your animal. The interlinkage of information between specialist, be it your farrier, your vet, or massage therapist, it is vital to the overall health and well-being of horses that we effectively work together.

Dr. Drew Durig states, "Elite equine athletes, like elite human athletes, train extremely hard and often supplement their high workload with adjunctive therapy modalities. LeBron James, one of the world's most iconic athletic figures, is said to spend \$1.5 million dollars a year on training, recovery and diet. Performance horses routinely endure rigorous training schedules, but do not always utilize a proper recovery and maintenance regimen. This is where a good massage therapist and/or other therapeutic specialist can benefit your horse. Within the spectrum of "recovery", many therapies can be beneficial and help improve flexibility, fluidity of movement and reduce some of the stresses applied to the body during exercise. In addition to these therapies, it is important to always properly warm-up and cool-down your horse. Many injuries acquired by performance horses (especially soft tissue) can be avoided by properly conditioning them and allowing enough time for an adequate warm up before a show or race. Cold and inappropriately conditioned tendons, ligaments and muscles are at a much higher risk of becoming damaged and inflamed.

If an athletic injury should occur, it is always best to seek a diagnosis from a veterinarian first. Once a diagnosis is obtained, a treatment and rehabilitation plan can be deployed. Often times it is best to utilize traditional medical therapies (i.e. intra-articular corticosteroids, systemic anti-inflammatories, and autologous/allogeneic conditioned biologics) in conjunction with other rehabilitative therapies, so it is best having all parties involved in the treatment of your horse on the same page to optimize the horse's recovery process." Dr. Durig can be contacted at www.santanequine.com.

For more from FullStride Equine Massage, find us at www.fullstridemassage.net.

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ummertime...some of our best times! The heat of the sun creates an ideal setting for our favorite activities - picnics, beach outings, boating, horseback riding, and family barbeques. Summer is for relaxing, soaking up some rays to get our vitamin D and a killer tan. Mae West said, "too much of a good thing can be wonderful" - which can certainly be true. However, when it comes to the sun it is a different story.

In moderate doses, sunlight has benefits. It stimulates a process in our body that converts vitamin D3 into calcitriol, which is important for bone health. Sunlight also helps increase serotonin levels in our brains, improving our mood. Some research demonstrates that sunlight exposure may be protective against colorectal, prostate, breast cancer, and nonHodgkin's lymphoma (Rhee, Coebergh, and Vries, 2013). According to the Skin Cancer Foundation (2016), only 10 to 15 minutes of sun exposure to arms and legs three times per week is sufficient. However, the darker one's skin, the more exposure is needed.

Too much sun exposure, is not, as Mae West says, wonderful. Overexposure to the sun's ultraviolet rays damages skin, which can cause premature aging of the skin and skin cancer. Types of skin cancer are basal cell and squamous cell (curable but can cause scarring or disfigurement) and melanoma (a more deadly type).

Risk Factors for skin cancer include a fair complexion that burns easily (blond or red hair, blue or green-eyed), having precancerous le-

sions, radiation treatment, decreased immune system, genetics, and exposure to arsenic. If you have a suspicious-looking mole or lesion on your skin, see you doctor or dermatologist. A physician can often rule out cancer simply by examining the lesion. A biopsy may be necessary for diagnosis by removing a small bit of tissue.

Prevention of Skin Damage/Cancer

- Avoid direct sunlight during peak hours of ultraviolet rays between 10:00 a.m. and 4:00 p.m.
- Avoid tanning, including the use of tanning beds. Never allow your skin to burn.
- When in the sun wear protective clothing, i.e. lightweight longsleeved shirt, wide-brimmed hat, and sunglasses.
- Use sunscreen with sun protection factor (SPF) of 15 or higher. SPF factor is the measurement of how well the product will protect from ultraviolet rays. Broad spectrum sunscreen protects from two types of ultraviolet rays; one that affects the skin's surface (UVB rays) and one that penetrates into the layers (UVA rays). Best protection is an SPF of 30 or higher. It should be applied 30 minutes prior to sun exposure and reapplied every two hours or after swimming/perspiring.
- Visually examine your skin monthly. Report any suspicious moles or lesions to your doctor.
- Schedule a yearly skin exam by your doctor.

Get out in the sun and enjoy your summer! Sunlight exposure will do you good, but remember to protect yourself from the ultraviolet rays when you are exposed for more than 10 to 15 minutes.

References Contact info tracy.albrant@gmail.com

Rhee, H. V., Coebergh, J. W., & Vries, E. D. (2013). Is prevention of cancer by sun exposure more than just the effect of vitamin D? A systematic review of epidemiological studies. European Journal of Cancer, 49(6), 1422-1436. doi:10.1016/j.ejca.2012.11.001

Skin Cancer Foundation. (2016). Retrieved from https://www.skincancer.org/healthy-lifestyle/vitamin-d/damage



Chino Valley Equestrian Park

by Miriam Lucero and Danielle Feller • photography by Michael Lucero

Danielle Feller, you and the board developed the Chino Valley Equestrian Park a Multi-Use Facility, and now going into the second year. How has this year changed for you, the board, and the events? How has the community reacted to the Chino Valley Equestrian Park?

In the past year the arena at CVEP has gone from an abandoned tumbleweed farm to a wonderfully functioning arena with excellent footing. We had a few events last year and have over 20 on the 2018 calendar. The community is becoming more aware of us each month, we are having great



participation at our events and I think they know we are

Not only does the CVEP offer equine events, you're also having "Open Riding" during the week, and some weekends. Would you share with our readers about the "Open Riding", the hours, cost, and how people can be a Member of CVEP?

Open Riding is an opportunity for our members to bring their horses and friends to a different arena for schooling and having fun. This is free to members and only \$5.00 for guests for 3 hours of riding time which varies depending on the weather. Membership forms can be downloaded from our website www.cvequestrianpark.com and questions can be answered at cvea.az@gmail.com

The CVEP is filling up on dates for Equestrian Events, how does one go about booking an equestrian event? Can anyone in Arizona or other states book an equestrian event?

Anyone from any state can book an event at CVEP. We are a multi-use facility so any type of event is welcome. Venues such as fairs, concerts, dog shows and anything you desire.

Danielle, I know this has been your dream and well accomplished. I always feel like CVEP and





Horse & Agriculture Magazine grew together this past year. Would you share with our readers how you saw this dream, and how has it played out?

Yes we have both grown tremendously this past year and it has been very exciting to be side by side with Horse & Agriculture Magazine. I moved to Chino Valley in 2010, saw all this great usable land and knew a Horse Show Facility needed to be here. Chino Valley Equestrian Association was formed, an 80 acre lease was obtained from the town, an incredible amount of hard work from volunteers and now we have the first two of many arenas and courses to come for every type of discipline. This is a 10 year, 3 phase plan and I am very happy with the progress we are making.

What is on the horizon for CVEP? Would you share some of the upcoming events?

We will continue to have our Buckle Series, Gymkhanas and Trail Classes and will be starting to build our Driving and Dressage Courts as well as a Driving Course, Hunt Field and Performance Arenas. We will also be having a Beer Fest in October.

Every Issue we have a theme, the theme for the June/July Issue is "Fun, in The Sun". Any plans for the summer fun, horses, family, friends, vacation or music?

Right now we are concentrating on continuing to build CVEP. But we want to incorporate as much fun as possible. We have been talking about having more fun game days for children and adults and it would be a lot of fun to have some trail rides on our own 80 acres.

Anything else you'd like to share with our readers on the Chino Valley Equestrian Park? Sponsors? Membership? Volun-





teers? Board Members?

We are a membership driven, non-profit organization and rely solely on membership dues, volunteers, donations and sponsorships. This facility we are building is for the love of the horse and for family enjoyment. Even if you are not a horse person you too can volunteer and reap the benefits and satisfaction of building this Multi-Use Facility. We are always looking for new members and we do have an open position on the board.

"We have a dream to create the largest one of a kind Equestrian Facility in Northern Arizona"



2018 Upcoming Events

SPRING

Buckle Series #3 Phoenix Children's Hospital Fund Raiser

June 16, 2018 Registration 9:00 Start 10:00 AM to 2:00 PM

SUMMER

Buckle Series #1

Jul 21, 2018 Registration 9:00 - Start 10:00 to 2:00

SUMMER Buckle Series #2

August 18, 2018 Registration 9:00 - Start 10:00 to 2:00

Rope and Run for Alzheimer's August 25, 2018

(Time to be determined)

SUMMER Buckle Series #3 September 8, 2018

Registration 9:00 - Start 10:00 to 2:00

Cash Jackpot Barrels October 13, 2018

(Time to be determined)

WINTER

Buckle Series #1 October 20, 2018

Registration 11:00 - Start 12:00 to 4:00

WINTER

Buckle Series #2

November 17, 2018 Registration 11:00 - Start 12:00 to 4:00

WINTER Buckle Series #3

December 15, 2018

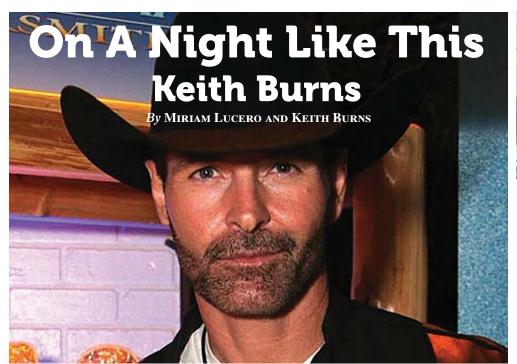
Registration 11:00 - Start 12:00 to 4:00

CHINO VALLEY Equestrian Park



For Information 928.636.3242 • www.cvequestrianpark.com

www.cvequestrianpark.com 928-636-3242.







Keith Burns, not only are you a solo artist, singer and songwriter, but 1/3 of Country Recording Trio "Trick Pony". Would you share with our readers some of the music projects you're working on? Your music influences? Some of the songs you have written for other Country Artists?

I am currently working alongside my wife Bonnie managing a couple of acts. We have a sister act, Presley and Taylor and a young talented singer songwriter from Bismarck named Will Dakota. I'm still doing dates with Trick Pony as well as shows of my own and continue to write on a daily basis. My wife and I also just established a Music company called B3e. So I'm pretty busy. Haha.

Horse & Agriculture Magazine, LLC had the great pleasure of a singer/songwriter night with you, D. Vincent Williams, J. Michael Harter and Lexi Tucker at the Zoo (Museum Club) in Flagstaff, AZ. You all had time in a cabin for a singer/songwriter week, in Flagstaff, AZ. Any new music you all created? Would you share that experience with our readers? What did you enjoy the most in Flagstaff, AZ?

It's always fun and extremely creative when you get the opportunity to have three or four songwriters hold up in a cabin for a week. The amount of creativity alone always tends to bring out some pretty cool songs. We actually wrote 34 really cool things one of which I'll be cutting on Presley and Taylor this month. So not only is it a great experience it's also extremely productive and a hell of a lot of fun. As you can imagine.

Keith, you recently married your beautiful wife Bonnie, and the photos are gorgeous! How did you meet Bonnie, and where did you have the wedding? Have you written a song about Bonnie and you?

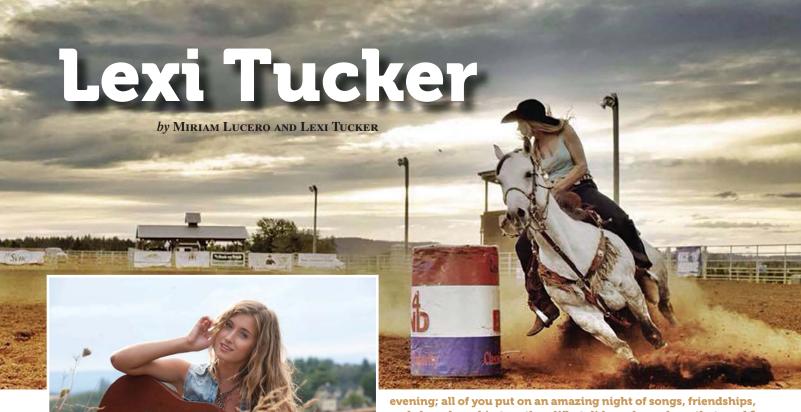
I did recently get married to the woman of my dreams. Bonnie Johnson. who is obviously now Bonnie Burns ha ha. I met Bonnie at a Trick Pony show we did in Mandan, North Dakota. She's this beautiful Norwegian North Dakota girl and I am this country boy guy from the Deep South with a southern drawl. It was just meant to be. And I have already written several songs. She inspires me on a daily basis.

Are you ready for the "Big Sting, It's A Country Thing" 4 nights of Country Music Artists in Prescott, AZ October 10-14, 2018 at Watson Lake?!

I'm always ready for the big Sting. I absolutely love and adore Mike and Vicky and all the good folks at KAFF radio in Flagstaff. Flagstaff is like a second home to me and amazing place to get away and write and decompress. But yes, I'm looking forward to the big sting and also looking forward to hanging out with you. Should be a blast. God bless

https://www.facebook.com/bigstingitsacountrything/ www.thebigsting.com http://keithburnsmusic.com/ http://keithburnsmusic.com/trick-pony/ https://www.shadowsfoundation.org/





Lexi Tucker, I was listening to a couple of your songs "Love is Free" and "15 Second Race", which is about barrel racing. Not only are you a singer/songwriter, you're a barrel racer! Would you share with our readers about your music, equestrian lifestyle living, and barrel racing?

Back in the day yes, I used to barrel race in high school! Growing up, music and horses were always my thing. I started riding around 5 years old and all I wanted to do was go fast. I remember the first time I got to feel a horse run on my step-dad's team roping horse. I was little and it was my first time getting to ride him by myself. I remember kicking him to go and suddenly we were flying across the field full speed. It freaked my mom out, but once I got him to stop (technically the fence at the end made him stop) I was all smiles and wanted to go again! I started setting up barrels in the field and trotting the pattern pretending to be a barrel racer. Then once I got to high school, I finally had the horse to start competing on the Equestrian Team and 4-H. I wrote a poem about barrel racing one day and my grandma suggested putting it to music, so I did! It's called "15 Second Race" and is one of the songs on my first EP which was released in 2014. I also recently filmed a music video for it back in Oregon! My two favorite passions in one, music and horses and I love that I was able to tie the two together and get to run on a seasoned barrel horse for the video! I don't barrel race these days but I still ride my gelding, Chief, who I adopted from a rescue sanctuary. I broke and trained him myself and love the horse he's turned out to be! He even got me a job modeling for Carhartt when I posted a photo of me riding him for the first time on Facebook wearing my Carhartt jacket!

Most recently I had the pleasure of a songwriter night in Flagstaff, AZ to hear you, Keith Burns (Trick Pony), D. Vincent Williams, and J. Michael Harter perform. It was a great

evening; all of you put on an amazing night of songs, friendships, and shared a cabin together. What did you learn from that week? Any new songs? Did you enjoy Arizona?

That was such an amazing week and much needed for me! Recently, my sweet Pomeranian, Ellie, was tragically killed by a coyote at my new place in Texas, so a week full of relaxing in a beautiful cabin with so much good food, people, and music was good for the heart! I learned just how lucky I was to make music, be surrounded by such talented musicians and have that opportunity to be on stage with them. Even if I never "make it" I love this music journey for the experiences that have come from it. Harter and I started a new one and will finish it when I make my next trip to Nashville! I really enjoyed Arizona, I'm a big outdoorsy person so I can't wait to go back and go really explore it and do some good hiking!

Lexi, you write beautifully, your style sounds very easy listening, and your vocals are pleasant. I always bring music outside with my horses, and particularly with Seadaire my OTTB she gravitated to your music, and relaxed her. Music therapy is always healing for humans, how do you feel about it with horses, or any animals? Well thank you very much! Happy to hear even your Seadaire enjoyed it! I completely agree and think music is definitely therapy for humans and animals alike! Often when I write, I like to take my guitar and a blanket down to Chief's pasture and sit out there with him and play. He doesn't leave my side and is fascinated with the guitar. He loves playing it with his lips! I have a couple videos on YouTube you can see of him interrupting my attempts at live music videos; he's such a ham and just wants to be a part of it. There's nothing I love more than being alone with him and my guitar and enjoying the peace it brings to the both of us.







https://www.facebook.com/LexiTuckerMusic/



J. Michael Harter, I listened to your new song "I'll Fly Away", a different version of the original. This is a beautifully written song about your grandfather, and the vocals are so moving. Would you share with our readers how this song came about? In the video, you, Jay Harter and your father Bill Harter are singing together, how'd you pull that together?

After my grandfather passed (my Dads Dad) a few years went by before my Dad started asking my brother (Scott Harter) and I if we would help him write a song about the last night he had with his Dad in the hospital. Just the three of us headed up to our cabin in Flagstaff, got around the fire pit, and started writing. My Dad told his story as his two sons made it into music and melody. Every line in the song is true to that last night they shared. We took it into the studio with some of Nashville's top musicians and made a great record and tribute to my Grandpa. It will probably always be the most emotional song I'll ever have to perform.

A few weeks ago I had the pleasure of hearing you, Keith Burns (Trick Pony), D. Vincent Williams and Lexi Tucker at a singer/songwriter night in Flagstaff, AZ. You all hit some raw emotions on many of the listeners, some tears, and laughter. How did this special night come together? Any new songs? Will you be bringing other songwriters from Nashville, TN and elsewhere for another week of songwriting? Keep me posted?

We have been hosting the writers retreat for 10 years now. We have had some amazing iconic writers and artists join in. From Earl Bud Lee (Friends in Low Places) to John Wiggins (Tequila Makes Her Clothes Fall Off) even the great David Malloy (Driving My Life Away by Eddie Rabbit). How cool!!

I met Keith Burns a few years back and we always kept in touch. This year was the second time at the retreat for him. We just have such a blast! D. Vincent and I were record label mates Bigger Picture Records. D and I always have had an amazing

songwriter's chemistry and are big buddies. I met Lexi about a year ago at a birthday party and we struck up conversation about music. I listened to her stuff online and was beyond impressed. We have since been writing and singing together every chance we can. I think she will be a huge star! She just has that "it" factor. Anyway, we really enjoy our time together and you can definitely count on us being back every year if not twice a year. With new writers and some returning veterans I'm sure.

J. Michael Harter, you write more traditional Country music, and a storyteller. You really paint a picture in your songs and delivery. Where did you develop that sound, style, and the delivery of Country music?

I'd have to say my love for country music and story driven songs started with my Dad and Grandpa. They always had their guitars out or had country greats on the radio in the kitchen. As I grew older and picked up a guitar myself, I was really drawn in by the music of the 90's. Greats like Clint Black, Alan Jackson, George Strait, Chris Ledoux, Randy Travis, Ronnie Milsap, and Garth Brooks was pretty much my hero. I just couldn't see myself making music that was not in that same vein. It just touched me. Now I see country music making its way back to songs like that and I'm glad I stuck to my guns.

https://www.facebook.com/jmichaelharter/

Horse & Agriculture Magazine at AZ HC Expo

photography by Michael & Miriam Lucero























by Student Josh Bowers and • Professor Justin Brereton

very year, AGS252 Spring Horticulture Science students prepare singular dishes of delicious, fresh salsa during the final class of the semester. Students assemble their products, roast, blend, chop and puree the ingredients as desired. The class tests their products with each other, and it becomes a horticultural feast! Rules? One can use ONLY that which was grown in the greenhouse and outside field production areas of campus during the year.

Students are alerted to this early in the semester, so they can try their hand at growing some unique ingredients to spice up their creation. Some combos are awesome, some are better left uneaten. One year I had a student grow a custom green salsa. Cucumber, sweet basil, green peppers, green tomatoes... let us just say the theme sounds better than the final concoction. For this student, luckily no grade was tied to salsa skills. We also want to be creative and safe... I was able to stop a student that was also in the aquaculture class, he said, "I'm making ceviche" as he strolled towards our fish tanks!

For many years, we were growing some world record setting hot peppers that were probably smuggled out of the New Mexico Chile Institute. The plants were so large that we were committing quite a bit of space to those plants of death. One student had the audacity to put an entire pepper (Trinidad scorpion) in his creation. Everyone had to leave our processing area in tears. I took these peppers down at semesters end because we do many school field trip tours, and I would always worry someone would touch. The hot pepper area of the greenhouse never had an insect problem.

Heat ratings are assigned from 1-10: 1 being the mildest and 10 being the hottest. Salsas are rated on color, texture, appropriate heat, and overall taste. Students also name their creations, and it makes a big deal to the judges. We had a prize winning salsa one year called "chocolate cherry" that had a hint of chocolate mint and cherry tomatoes in it. We also had a backpacker's delight salsa, where the student dehydrated all the ingredients, and then rehydrated them just before tasting. The intent of the salsa was never conveyed to the judges. When you are hiking or camping out, anything tastes good!

When students put some creativity into the grow schedule they tend to get very engaged. We have continued to add unique salsa compatible plants. A few years ago, someone grew stevia; I had never grown that myself! This year a student is growing cumin for the first time. We also had a student start a pineapple, but ran out of time. I am not sure how their pineapple Chile lime salsa will taste without it! We started a Mexican lime tree from seed about 4 years ago, however

with bloom time in spring, and greenhouse growing required of a semitropical plant, the tree only has the tiniest of limes currently. Some of the best salsa's I have tasted had something unique in them, a hint of dill, a touch of Mexican oregano; you never know what you will find? With over 10 types of tomatoes in production, countless onion varieties, chives, cilantro, garlic and peppers ranging from sweet Carmen's too hot jalapeno's, this year's combos will be great!

Who will win this year? We will just have to wait and see what the ever-increasing number of YC celebrity staff judges have to say. www.yc.edu

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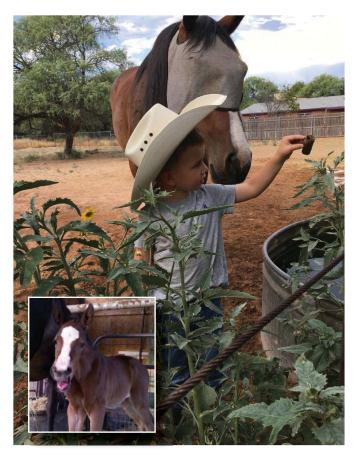
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Holly Shanahan, you're an equestrian trainer/clinician at your ranch Lazy S Six Equine in the Verde Valley in Arizona. Would you share with our readers some of your tips on training equines?

The most effective way for me to train a horse is through getting to know them on the ground first. This relationship sets the standard once we're under saddle. I also believe in lots of exposure to new environments. Working with horses is a give and take.... it's always a good idea to have a plan of what you would like to accomplish but if that horse excels in one area sooner than you thought end the session on the high note.

I receive many calls from people moving to Yavapai County, and they're looking for clinics, and horse trainers. Do you have a schedule of clinics coming up, and what type of clinics do you offer?

I just finished up two days of clinics at the Arizona Horseman's Challenge and Expo (May 11-12). I have a big demand for my foal foundation, arena sour prevention and correction, obstacle introduction and buying, selling and evaluating a horse demos. I will be presenting at the Willow Springs youth horse Expo July 29 and 30th and will have group sessions available in the fall.

How do equestrians reach you?

I'm accessible via phone call or text, email or Facebook messenger. holly@lazys6equine.com https://www.facebook.com/lazy-S6equine/ 928-300-4132

Holly, you have a philosophy about horses and their riders. Would you share that philosophy with our readers, and how they can apply that philosophy to their horse?

I am a strong believer that if you do not trust your horse they will not trust you. It's a vicious cycle that doesn't usually end well if you don't have trust.



Lazy S 6 Equine

by Miriam Lucero and Holly Shanahan

I enjoy working with new or 'problem' horses, getting to know them inside and out and either matching them with an appropriate rider or helping their current owner build trust and a better relationship with them. Horses like to have a job and it's very important that your lifestyle matches your horse's abilities and talents.

Foaling season is in full swing, and you offer a Foal Foundation Clinic Objective. Would you explain the clinic and some key advice on foals?

Working with and setting the foundation for a young horse is one of the most important things that you can do. It's very important for new horse owners especially who end up in a situation where they have a foal on the way to understand that there needs to be boundaries and balance with how they treat these animals. I explain the process that I go through the moment the foal hits the ground up until they are a year old. I review this process with a foal or yearling on hand and go over my yearling expectation check list. Regardless if you make it to a clinic or not my most important take away is that you do not want to over imprint these animals or treat them as you would say a dog. Babying a horse and setting no clear boundaries becomes very dangerous and it can be detrimental to the both of you in the future.

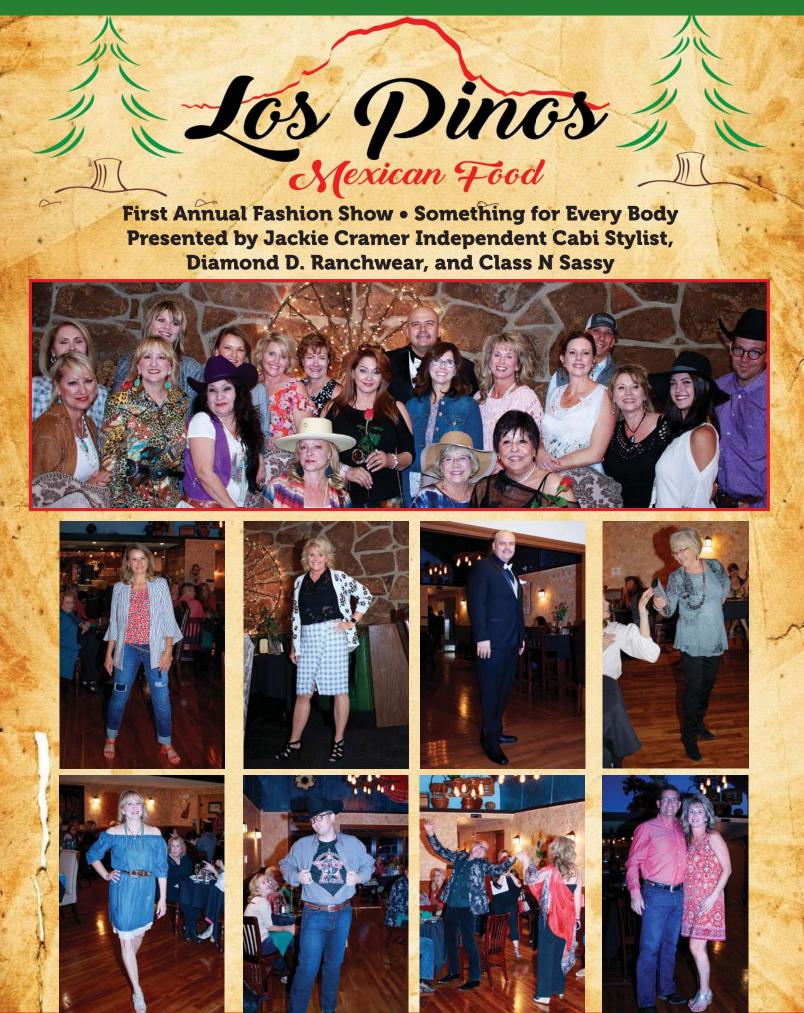
Holly, you're a 5th generation Arizonan from the Verde Valley, which includes, (Camp Verde, Cottonwood, Sedona, Clarkdale, Cornville, Rimrock, and Jerome, Arizona) and your family has a ranching background. Share with our readers about your grandfather, and something special that happened in 2017?

I have been very fortunate to grow up in a rural community with a very close family who is horse and community orientated. I love getting to do local day work on the ranch with my grandfather and my now four-year-old son. In 2017, I was honored to be able to register the Lazy S 6 brand into our (my husband and I) name. My grandfather Don Godard created this brand in the 1950s. He let the brand expire when he had the chance to get back his grandparents brand, which he still runs today. Lazy S 6 horses need to be well rounded and gentle. The majority of them are born on my place, but a few exceptional horses make it through my program and earn the brand.

Each Issue we have a theme, and the June/July Issue is "Fun, in The Sun", any plans for the summer, vacation, family, horse events, and clinics?

The Shanahan family "Fun in the Sun" will happen in June when we welcome our second son into the world! In July we plan on demoing at the Willow Springs Youth Horse Expo and enjoying some family camping time!

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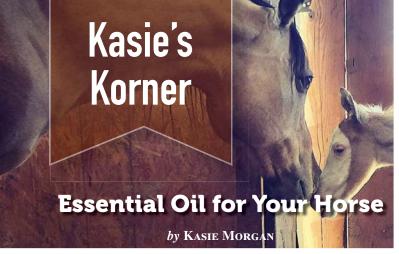
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have already posted many articles that describe different natural treatments for horses. As you may have guessed, I prefer alternative medicine over drugs for animals (and humans as well!), so here are some more tips and tricks on how you can care for your horse at home by using essential oils.

Just remember that to make the mixture, use 10ml of almond oil with 8 drops of essential oil(s).

Lavender: let your horse breathe in the oil to reduce stress. You can also use it for massages. Mint powder: let your horse breathe in the scent and this will relax its muscles. Tarragon: mixing this essential oil with almond oil will help your horse breathe better and can also alleviate pain, such as the one caused by tendonitis. Garlic: mix garlic with your horse's food to help fight infections. Eucalyptus: let your horse breathe in the scent of eucalyptus to help decongest his nasal cavities. Echinacea: put some of this plant's roots in your horse's food if garlic is too strong for it. Nut essence: add some to your horse's food in order to help it get used to a new type of food. Mint stew: if your horse refuses to eat, make a stew with mint leaves and bran. Alfalfa: add some to your horse's food to help boost calcium.

Now, there are also quite a few medicinal uses per se for essential oils. Many can be used for different types of ailments or lameness, so this list is not complete. It will, however, help you with many of the issues you could have with your horse.

In order to help heal infections or to use as an antiseptic, use eucalyptus oil or any of the citrus oils.

Eucalyptus oil is also good as an anti-inflammatory.

If your horse suffers from nasal or skin allergies (such as a rash), try one or more of these oils: tarragon, chamomile, mint, and/or aloe vera.

To help with scarring, use lavender, tea tree or geranium oils.

If your horse needs to relax, use chamomile, mandarin zest, lavender or basil.

As for those pesky flies that just won't leave your horse alone, try using three drops of lemongrass directly on your horse's brush and brush it as you normally would. Or, you can make a spray using 2/3 water, 1/3 vinegar, and 10 drops of one or more of these oils: lemon-grass, clove, lavender, cedar or lemon balm. Just make sure you shake the bottle well before using because the oils don't stay mixed with the water all that well.

This article is for informational purposes only and is not intended to replace professional veterinary care.

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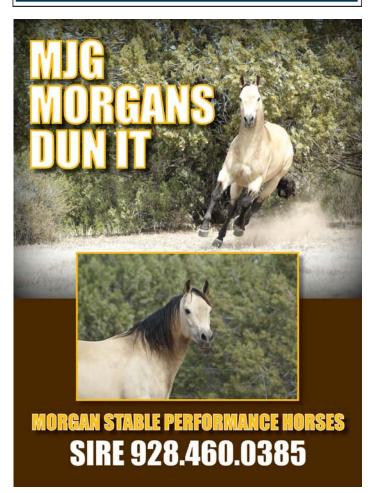
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Fun in the Sun

by Kimi Locke, CEMT

We all enjoy the warmer weather including our horses. We really need to remember they get hot and need a lot of water and electrolytes. Cooling them down after a long ride or competition, instead of just putting them up, is very important. This will prevent muscle cramps and tension, that will lead to acid build up causing those knots or stress build up we are trying to work on.

We have been working on stretching on the front of our horse. We left off with the head, neck, and shoulders. Let's take the front legs and work on those. This will also help stretch the chest to the shoulders loosening it all up.

Pick up your horse's leg like you are going to clean the hoof. Inspect it for any swelling or changes. Take the hoof and work it in a circular type motion loosening the lower leg, and foot. You can now lower it down, but in a stretch toward the hind leg. Don't go too far back they will pull their leg forward, because it may be too much at first and uncomfortable for them. Gently putting it a little further toward the middle each time. Let them leave it there and relax into it. Then pick up the leg and move it to the front of the horse slowly and further each time. Look at the chest and notice if the side you are working on is lower than the other. If so you are doing GREAT! Again, let them stay relaxed into this position for a few minutes. You can stop here or pick their leg up and move it a few inches to the left or right repeating the steps. This gives them a little more stretch and relax. Do this on both sides. Again, do not pick up their legs and pull, this is not a stretch. Do not over extend them, let them tell you when it is enough, if you work slow and gentle, you will know without causing injury.

Now rub your fingers gently on their chest. Many horses, especially working horses will have some tough, hard feeling strands like guitar strings. You can massage these for a few minutes but don't over do it. Just remember to massage this area especially when you are grooming.

When I was massaging at some dude ranches in Colorado, the horses there would attempt to bite, paw, and sometimes want to strike. This was because they were very sore in the chest and would hardly let you touch them the first few sessions. I have seen this in a lot of horse but not to that extreme.

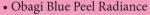
Just remember "Less is More". Until next time. Good Luck

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Research Update: Deworming Young Horses

arasites are capable of causing ill-thrift, clinical disease and death. Although young horses are the most susceptible to parasitic disease and are the most intensively treated group, deworming regimens are rarely evaluated within this age group. A study conducted in Kentucky evaluated the impact of deworming regimen on fecal egg counts (FECs), growth rates, and body-condition scores in young Thoroughbreds.

Forty-eight Thoroughbred foals from three central Kentucky farms were randomly assigned to two treatment groups: an interval dose group receiving bi-monthly rotations of pyrantel pamoate and ivermectin and a daily deworming group receiving daily rations of pyrantel tartrate feed additive throughout the study, oxibendazole at two months of age, and moxidectin treatments at 9.5 and 16.5 months of age.

A study conducted in Kentucky evaluated the impact of deworming regimen on fecal egg counts (FECs), growth rates, and body-condition scores in young Thoroughbreds.

Ascarid and strongyle FECs were not different between groups but were influenced by horse age with strongyle counts continually increasing and ascarid counts peaking at 4.5 months of age. Reduced strongyle efficacies of ivermectin and moxidectin were observed on two farms with consistently low pyrantel pamoate efficacies on all three farms. Ivermectin also exhibited reduced ascarid efficacy. Average daily gain did not differ between groups and was only influenced by age. Body condition scores also did not differ between groups, remaining in the optimal range for the duration of the study.

Management practices resulting in optimal growth rates and body condition scores compensated for the negative impacts of parasitism even in cases of reduced drug efficacy.

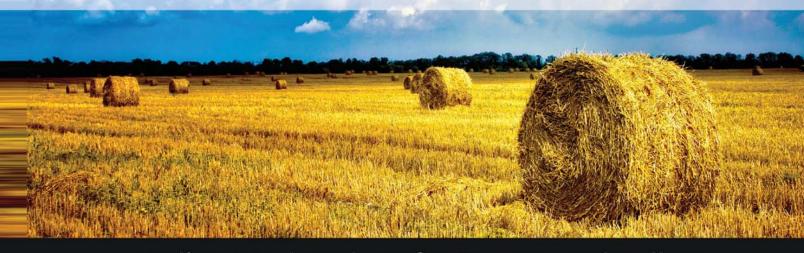
Summarized by: Krishona Martinson, PhD, University of Minnesota.







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